

### Taking the First Step

The Early Start program provides services and supports that can help your child. If you are concerned about your child's development, the first step is to refer your child for evaluation and assessment.

### How to Begin

With the first phone call for early intervention services, you can begin to get information and resources to answer your questions. By working closely with you and your family, your early intervention team of professionals can help you address your concerns, identify your needs and the resources to address those needs, and set a course of action.

### Who Can Refer

You can refer your child or you can request that another professional such as your child's primary health care provider, daycare provider or nanny, or an agency representative make the referral for you. You will be assigned a service coordinator who will help you through the process.

### How to Make the Referral

Call today and speak to our Warm Line Coordinator at 1-800-646-3268 or visit our website [www.nbrc.net](http://www.nbrc.net)



The period from birth to three years of age is a critical time in a child's life to get an **EARLY START**.



Contact our  
Early Start Warm Line  
Today

**1-800-6 INFANT**  
**(1-800-646-3268)**

[www.nbrc.net](http://www.nbrc.net)

**If you have concerns  
about your child's  
development, call**

**Lead Agency:**

**EARLY START WARM LINE**  
**1-800-6 INFANT**  
**(1-800-646-3268)**

*Se Habla Español*

### **NORTH BAY REGIONAL CENTER**

#### **Napa/Solano Center**

10 Executive Court  
Napa, CA 94558  
707-256-1100

#### **Sonoma County**

2351 Mendocino Avenue  
Santa Rosa, CA 94503  
707-569-2000





## Who is eligible?

EARLY START services are available to families of infants and toddlers from birth to age 3 with one (or more) of the following conditions:

- Born with a condition which has a high probability of resulting in a developmental delay, such as Down Syndrome, OR ...
- If under 24 months, a significant (33%) age delay must exist in ONE developmental area: communication, gross/fine motor, social/emotional, self-help, and/or cognitive skills.
- If over 24 months, a 33% age delay in TWO developmental areas, or a 50% delay in one area must exist.
- Severe vision, hearing or orthopedic impairments.

## Why Start So Young?

Intervention in the first three years of life can make a big difference in a child's development. Research shows that early intervention:

- Improves both developmental and educational outcomes.
- Reduces the future costs of special education, rehabilitation, and health care needs.
- Reduces feelings of stress, isolation, and frustration within the family.



## What Services are Available?

Services are based on the professional assessment of the child's needs and outcomes. Services may include:

- Evaluations/Assessments
- Speech and language services
- Physical therapy
- Occupational therapy
- Infant development
- Service coordination
- Psychological services
- Audiology evaluation
- Parent education and support

## How Much Does This Cost?

An enrollment fee may be required for eligible children depending on family income. Some services may be funded through your insurance. Early Start is a state and federally funded program managed by state agencies, under Part C of the Individuals with Disabilities Education Act (IDEA).

