

# Service Policy Manual

## Respite Services

Respite services are intermittent or regularly scheduled temporary non-medical care and supervision provided in the client's own home, for a regional center client who resides with a family member.

Respite services provide some relief to parents from the constant responsibility of providing care and supervision of their children who are eligible for services from North Bay Regional Center (NBRC) and whose needs for care and supervision exceed what would be typical for a person of the same chronological age. Respite paid by NBRC supplements family responsibility for care.

Respite services may be purchased by NBRC through the Individual Program Plan/Individual Family Service Plan process. Respite services are designed to provide the following:

- Assist family members in maintaining the client at home.
- Appropriate care and supervision to ensure the client's safety in the absence of family members.
- Relief to family members from the constantly demanding responsibility of caring for a client.
- Attendance to the client's basic self-help needs and other activities of daily living including interaction, socialization, and continuation of usual daily routines which would ordinarily be performed by the family member.

All generic resources must be exhausted before services are provided.

Services will follow Lanterman Developmental Disabilities Services Act guidelines.

The NBRC Executive Director may review and authorize an exception if warranted by individual circumstances.