

# **North Bay Developmental Disabilities Services Inc.**

**Board of Directors**

## **NBRC Social Recreational Policy**

**APPROVED BY BOARD OF DIRECTORS 3/2/2022**

**\*PENDING DDS APPROVAL\***

**M/S/C (Johnson/Bednarova) Motioned to approve the Social Recreational Policy as submitted.**

### **Purpose:**

The purpose of this policy is to define and outline North Bay Regional Center's intent to support and foster social and recreational activities for individuals determined eligible for services and residing in the NBRC catchment area.

### **Policy:**

North Bay Regional Center supports active and integrated social and recreational activities for all of its participants, both children and adults. Social Recreational opportunities can help individuals achieve IPP goals while facilitating community integration and inclusion. For those individuals with developmental disabilities, inclusive, community based activities that promote socialization, mental and physical well-being, are important to fostering acceptance and integration in a person's local community. NBRC will promote equitable, diverse and integrated activities that acknowledge and respect the culture and individual need of every NBRC participant. Social recreational opportunities can increase and expand the development of relationships for the individual, their family and the community at large.

NBRC will advocate for, link individuals to and collaborate with local public and private programs to encourage adaptation and removal of barriers that limit participation of individuals with developmental disabilities. If agreed to by the IPP team, and after all generic resources have been exhausted, NBRC can support cost effective, appropriate opportunities to facilitate maximum participation within integrated settings and activities.