



CHAPMAN UNIVERSITY SYSTEM

**MOVE UP.**

Please join us for  
an exciting workshop,  
**Treating Post Traumatic  
Stress Disorder:  
The Three Phases  
of Treatment**

This workshop will provide an overview of Herman's three phases of trauma treatment, discuss the neurobiological correlates to PTSD symptoms and treatment, as well as provide an introduction to trauma treatment best practices.

**Presenter:** Dr. Brenda Frechette has been supporting individuals in crisis and to overcome PTSD for over 30 years. She is both a licensed clinical psychologist and a licensed marriage and family therapist. Dr. Frechette also has a private practice in Vacaville, specializing in health psychology and trauma recovery.



Immediately following the workshop is an opportunity to attend an information session on our BA/MA in Psychology degree programs

- ▶ Marriage & Family Therapy (MFT) emphasis
- ▶ Professional Clinical Counseling (PPC) emphasis
- ▶ Combined MFT/PCC emphasis

**BRANDMAN FAIRFIELD CAMPUS**  
Saturday, July 25th 9am - 12pm  
4820 Business Center Drive, Ste 100  
Fairfield, CA 94534

[\*\*CLICK HERE\*\*](#)

*To RSVP for this event, contact the Fairfield campus*

**Call: 707-863-0990**