



# **INTRODUCTION TO NORTHBAY REGIONAL CENTER**



Presented by: Anaid Carreño and Abigail Andrade

# OBJECTIVES

 BRIEF HISTORY OF REGIONAL CENTERS

 LANTERMAN ACT

 MISSION AND VALUES

 SERVICES, CASE MANAGEMENT  
AND PARTNERSHIPS

 MAKING REFERRALS

 OUR POINTS OF CONTACT



**WHAT HAVE YOU HEARD ABOUT  
NORTH BAY REGIONAL CENTER?**

# REGIONAL CENTER SYSTEM BRIEF HISTORY

The growth of large institutions actually increased across the United States between the 1920's and 1940's as a result of social, political and economic views and policies of the time, in particular the eugenics movement.

1965

The Social Security Act (PL 89-98) is amended to establish the Medicaid (Medi-Cal in California) and Medicare programs, and to provide public funding for care of people with mental retardation and other disabilities.



1966

The birth of the regional center system occurs with two pilot centers opening their doors in January 1966. Limited funding is available to the centers to purchase services. The initial budget for the two pilot regional centers is \$966,386. They will serve a total of 559 clients at an average cost of \$1,728 per person.

1969

AB 225, the landmark Lanterman Services Act of 1969, is signed by Governor Reagan on September 4, 1969. The act calls for the state to contract with local, community-based non-profit corporations to provide services under the act.



1977

Disabilities rights advocates in nine cities stage demonstrations and occupy offices of the federal Department of Health, Education and Welfare (HEW) demanding that the government publish implementing regulations for the Rehabilitation Act of 1973. The Lanterman Act is amended (Section 4502) to give people with developmental disabilities the same legal rights and responsibilities guaranteed all other individuals by the Constitution and laws of the United States and the state of California.

1979

The 21 regional centers form the Association of Regional Center Agencies (ARCA), a non-profit state association comprised of regional center board volunteers and executive directors. The purpose of this organization is to promote statewide regional center issue resolution, advocacy and coordination.



1993

After five years of planning, California implements the Federal Part H Early Intervention Program through SB 1085, the California Early Intervention Services Act. This program, called "California Early Start," provides statewide services for eligible infants and toddlers from birth to 36 months. It also authorizes the development of family resource centers in the community to provide information



# **Department of Developmental Services(DDS) & Regional Centers**

- **The Department of Developmental Services provides services and supports to individuals with developmental disabilities. (<https://www.dds.ca.gov/>)**
- **The Regional Centers serve as a local resource to help find and access the services and supports available to individuals with developmental disabilities and their families. There are 21 Regional Centers in California. NBRC**
- **The North Bay Regional Centers catchment areas include Napa, Solano, and Sonoma.**

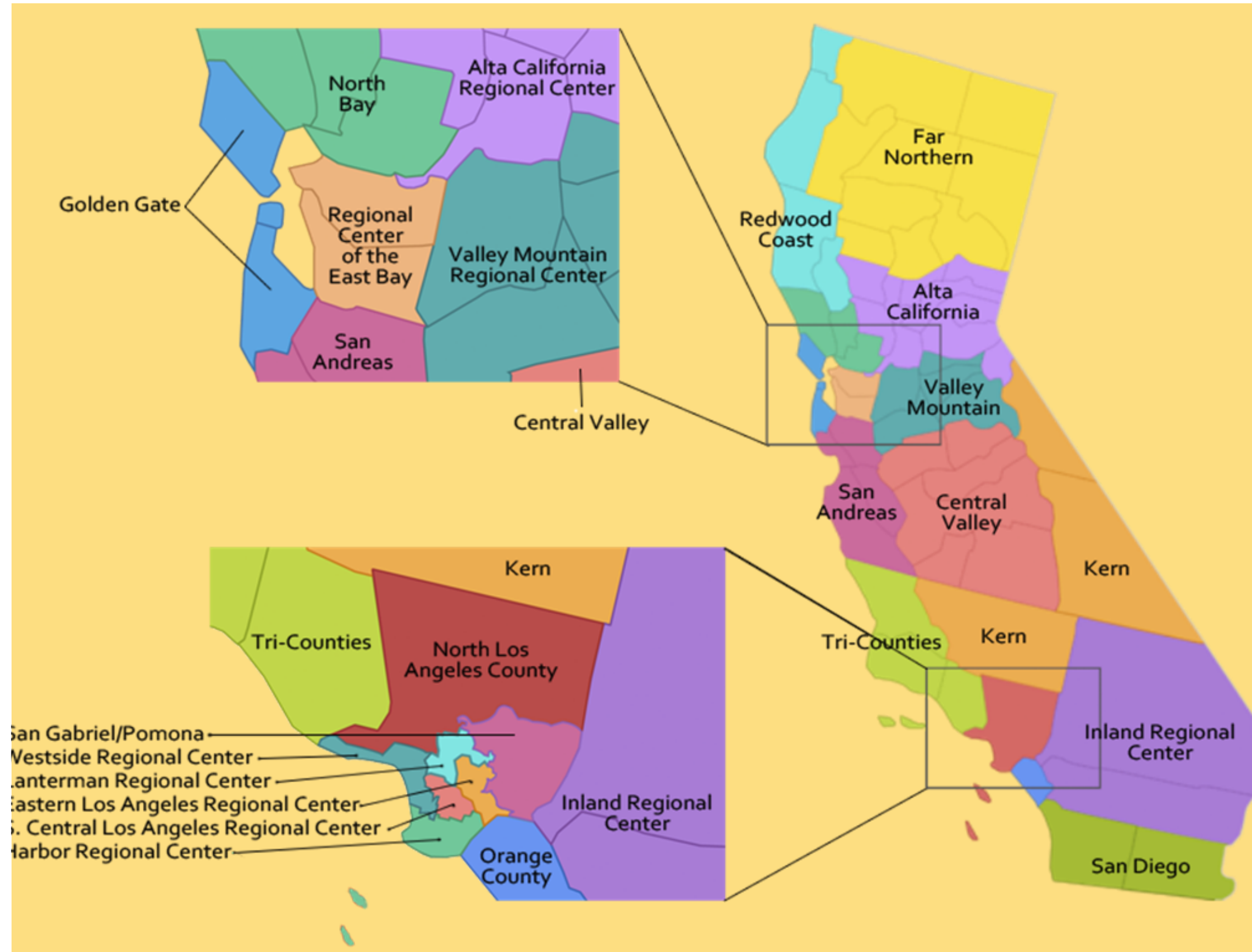
# **LANTERMAN ACT**

## **(1969)**



- **Enacted in 1969, the Lanterman Act in California ensures individuals with developmental disabilities receive necessary services and support for a quality life.**
- **It outlines rights, regional center roles, available services, individualized plans, addressing violations, and system improvement.**

# REGIONAL CENTERS



# MISSION AND VALUES



## MISSION

**Our mission is to empower, respect and serve each child and adult with or without the potential for a developmental disability, while promoting the health and well-being of each individual, their families, and our community.**



## VALUES

- **Belonging**
- **Compassion**
- **Dignity & Respect**
- **Honesty & Integrity**
- **Humility**



## DIVERSITY, EQUITY, INCLUSION AND BELONGING

**The historical impact of this movement shed light on social inequities and inspired collective action to implement change. Through this lens, NBRC is working to identify and realize effective ways for equitable, just, and inclusive systems centering belonging. Everyone deserves to be treated with respect and dignity regardless of their ability, gender, race, sexual orientation, language, religion, color of their skin, country of origin or income level. NBRC seeks to co-create structures and accessible systems that celebrate and value diverse experiences and all identities to build thriving communities.**



# Person Centered Thinking



- A person-centered approach recognizes the right of individuals to make informed choices and take responsibility for those choices and related risks.
- It builds on the strengths, gifts, talents, skills, and contributions of the individual and those who know and care about the individual.
- PCT is a simple idea: Put individuals first, listen carefully and learn who they are and what they want from life, then work together to set goals, create personalized plans, and put them into practice.
- Being person centered also means always treating others with dignity and respect.

# Who do we Serve?

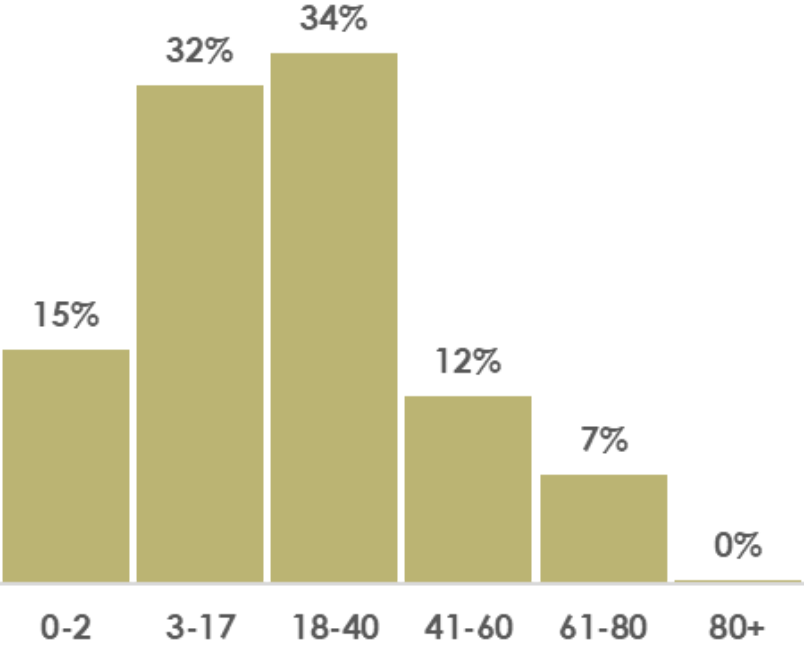
**At NBRC, we serve individuals with developmental disabilities that qualify for services under the Lanterman Act.**

**A developmental disability is defined as a disability that occurs before the age of 18, is substantially disabling and is expected to continue indefinitely.**

**We coordinate services across the lifespan, based on the individual needs or diagnosis.**

**Our services are voluntary, and legal status is irrelevant.**

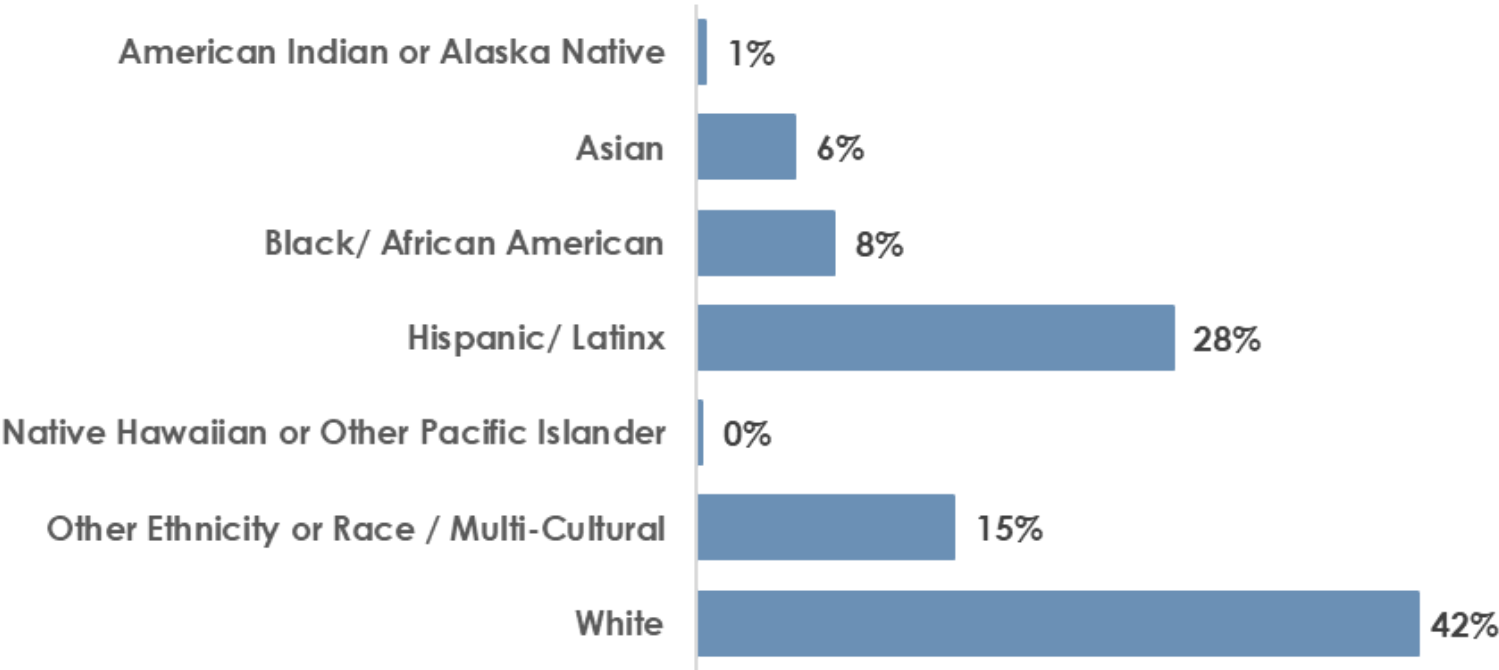
Age



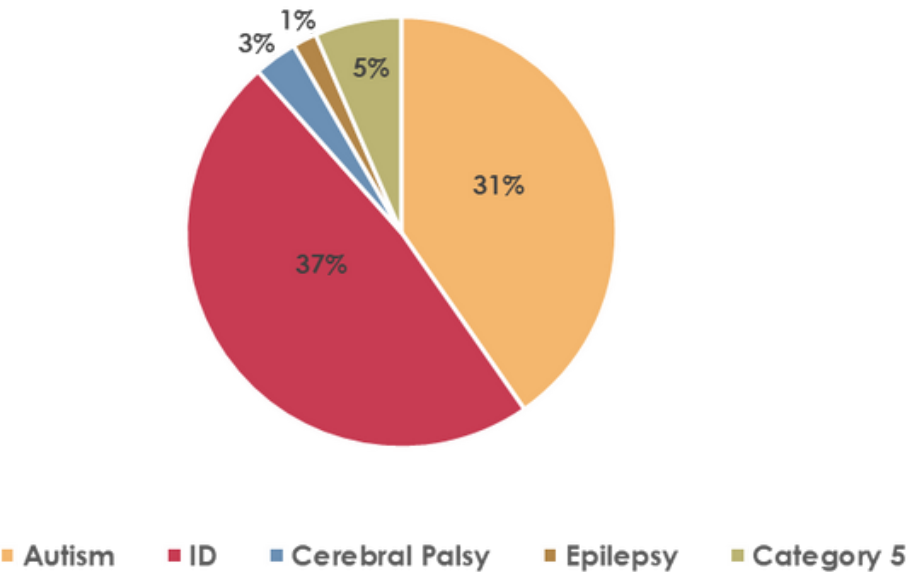
Language

English: 81.8%  
Spanish: 16.4%

Race/Ethnicity



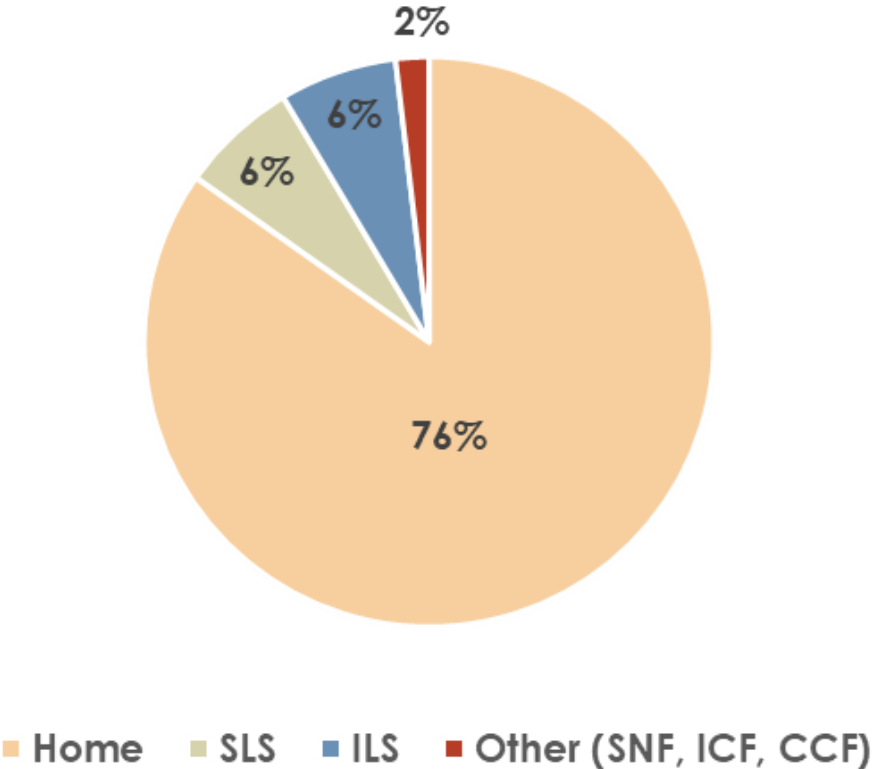
Diagnosis



County

Napa: 12%  
Solano: 44.%  
Sonoma: 43%

Type of Residence





# EARLY START ELIGIBILITY

Eligible children include those infants or toddlers (Birth through 36 months) who:

- Have an established risk condition with a known probability of causing a disability or delay, or
- “High risk” of experiencing developmental delays or disabilities due to a combination of biomedical risk factors.

Have a significant delay in at least one area of development (25%):

- Physical
- Cognitive
- Expressive Language
- Receptive Language
- Social and Emotional
- Adaptive





# PROVISIONAL ELIGIBILITY



- To be eligible for Lanterman Provisional services, applicants are not required to have a qualifying condition. However, they must demonstrate at least two functional limitations and be between three and four years old.
- Provisional eligibility enables individuals to access Lanterman services, just like individuals with regular Lanterman eligibility. Individuals with provisional eligibility must undergo re-evaluation for regular Lanterman eligibility before reaching the age of five.
- For regular Lanterman eligibility, applicants must have at least one qualifying condition and demonstrate three areas of substantial disability.



# LANTERMAN ELIGIBILITY

The following is a list of developmental disabilities and substantial disabilities:

**Developmental Disability:**

- Intellectual Disability
- Cerebral Palsy
- Epilepsy
- Autism
- 5th Category

**Substantial Disability (major impairment of cognitive and/or social functioning):**

- Receptive and expressive language
- Learning
- Self-care
- Mobility
- Self-direction
- Capacity for independent living
- Economic self-sufficiency



# HOW TO MAKE A REFERRAL



## **BIRTH TO AGE 3:**

**Napa & Solano County: 1-800-646-3268**

**Sonoma County: 707-755-5113**

**A pediatrician, daycare provider, or parent can commence Early Intervention referrals.**



## **AGES 3 AND UP**

**Call Intake Line: 833-264-4335**

**or email [intake@nbrc.net](mailto:intake@nbrc.net)**

**For applicants aged three years and above, parents or legally responsible individuals can initiate referrals for Lanterman services. If the applicant is an unconserved adult, they must be present to initiate the referral.**



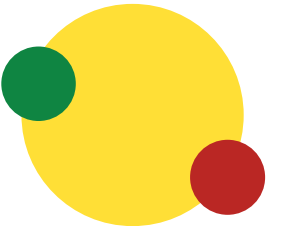
# **RANGE OF SERVICES:**

- 1. Conduct diagnosis and evaluation.**
- 2. Coordinate services with community providers, such as schools, healthcare providers, Social Security Administration, recreation agencies, and direct service providers.**
- 3. Develop individualized program planning, including planning, evaluation, and monitoring.**
- 4. Advocate on behalf of individuals or groups.**
- 5. Engage in community education and outreach.**
- 6. Develop community resources.**





# REGIONAL CENTER TERMINOLOGY



Release of  
Information  
(ROI)

Individual  
Program Plan  
(IPP)

Vendor Change  
Request (VCR)

DDS -  
Department of  
Developmental  
Services

DSS –  
Department of  
Social Services

Early Intervention  
(EI)

CCF – Community  
Care Facility

ARM- Alternative  
Residential Model

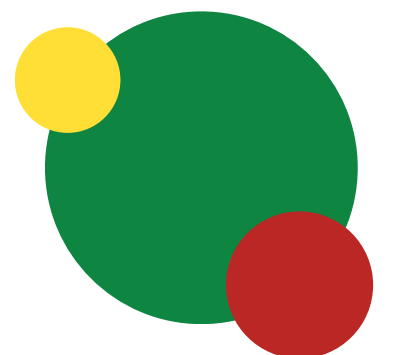
ARF- Adult  
Residential  
Facility (license  
Type)

RCFE- Residential  
Care for Elderly  
(license Type)

Supported Living  
Services (SLS)

Independent  
Living Services  
(ILS)

Day Programs  
(DP)



# TYPES OF SERVICES:

Below are some interventions available for various age groups.

<b>EARLY INTERVENTION (0-3):</b>	<b>CHILDREN (3-21)</b>	<b>ADULTS (22 AND ABOVE)</b>
<b>OCCUPATIONAL THERAPY</b>	<b>BEHAVIORAL INTERVENTION TRAINING</b>	<b>COMMUNITY CARE FACILITIES (ALSO KNOWN AS BOARD &amp; CARE)</b>
<b>PHYSICAL THERAPY</b>	<b>RESPITE CARE</b>	<b>INDEPENDENT AND SUPPORTED LIVING SERVICES</b>
<b>SPEECH THERAPY</b>	<b>DAY CARE SUPPLEMENT</b>	<b>ADULT WORK AND DAY PROGRAMS</b>

# SERVICE PROVIDERS





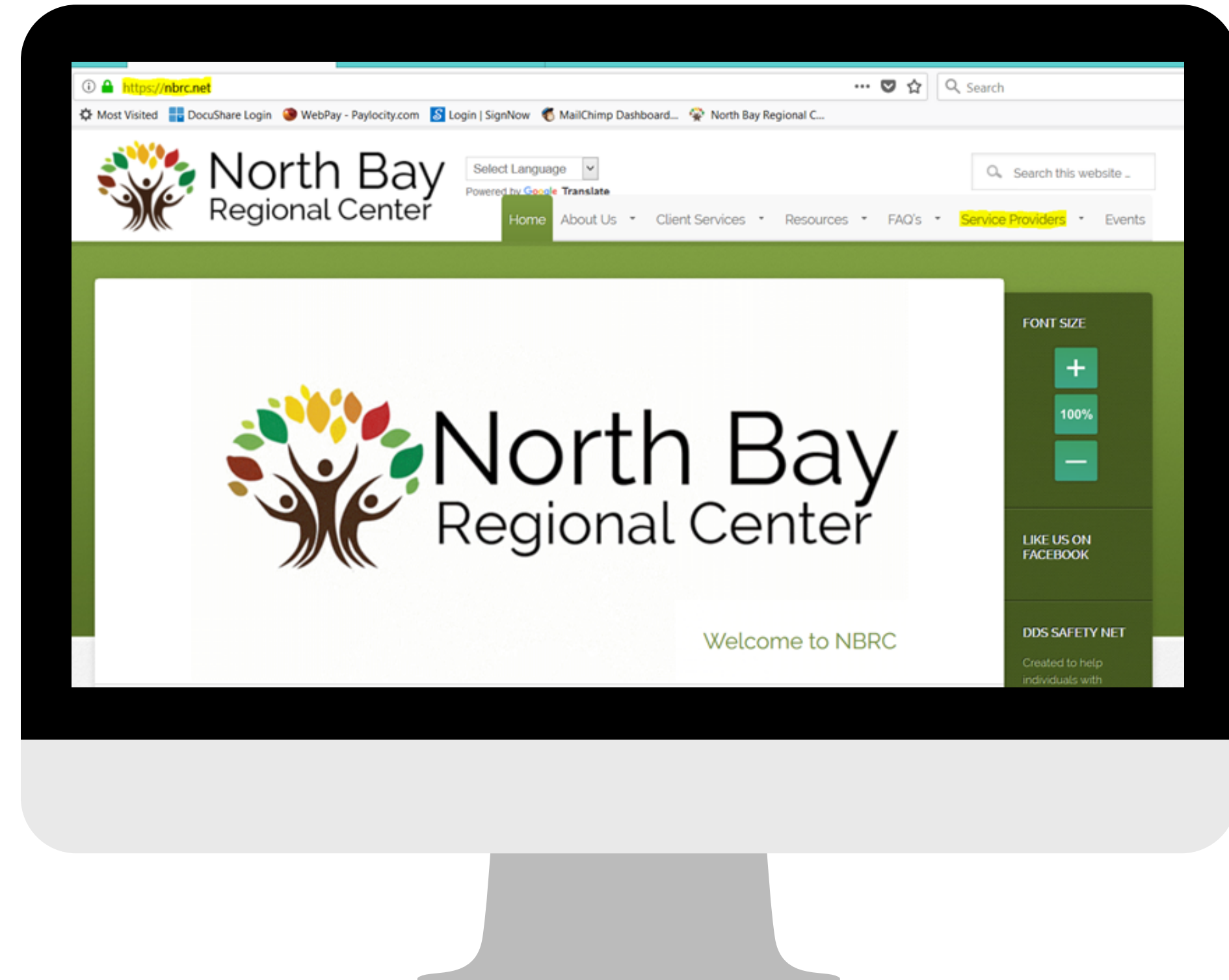
# ROLE OF THE SERVICE COORDINATOR

SERVICE COORDINATOR	ROLE	SUPPORT	RESPONSIBILITIES	WHAT IS AN IPP?
Also referred to as Case Managers or Social Workers	Works together with the client’s support circle, to identify and coordinate goals through the Individualized Program Plan (IPP)	Meets wtih client and family/caregivers updates the IPP every 3 years and monitors progress as needed.	Coordinates and monitors services and supports needed for client to gain increased self-sufficiency.	The IPP is an individualized contract for clients over 3 years old, that underlines the goals to maximize client’s independence (for health, home living, work/learning, and social/recreational activities)



# PARTNER WITH NBRC!

- **Visit our website!**
- **Hover over Service Provider tab** located on right side of screen
- **Select Guide to becoming a Vendor with NBRC**
- **The letter of Intent Packet must be completed electronically via SignNow**



# WHAT DOES VENDORIZATION MEAN?

- **Vendorization** is the process for identification, selection, and utilization of service providers based on the qualifications and other requirements necessary in order to provide services to consumers.
- The vendorization process allows regional centers to verify, prior to the provision of services to clients, that an applicant meets all of the requirements and standards specified in regulations.
- Applicants who meet the specified requirements and standards are assigned a **unique vendor identification number** and **service code**.



# NORTH BAY REGIONAL CENTER LOCATIONS



**NAPA/ SOLANO COUNTY**

**610 Airpark Road Napa,  
CA 94558  
(707) 256-1100**

**<https://nbrc.net/>**



**SONOMA COUNTY**

**520 Mendocino Ave., Santa Rosa,  
CA 95401  
(707) 569-2000**





# THANKYOU!

## Questions?