

CONSUMER CORNER

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MESSAGE FOR ALL

Happy New Year!!

In this issue, we are profiling artwork done by the people in our community. Many of their stories are inspirational and something to celebrate. We all have gifts and talents, what is yours? Maybe you want to express yourself through some form of art. I challenge you to think about taking a painting class, or a music lesson. I hope you all are keeping warm through these winter months. This month the Consumer Corner shares how local artists with disabilities contribute to the art scene in meaningful ways.

Thank you to Consumer Artists Elizabeth, Sofia, and Nicolas, for their amazing work!!

“Art washes away from the soul the dust of everyday life.” – Pablo Picasso

Program Spotlight

Tami Huizen, Arc Solano

The Art@Arc is one of our value-added programs that has been around for more than 20 years with a variety of teachers, teaching a variety of types of art, including drawing, painting, clay, etc. The program has been a place for consumers to creatively express their inner selves. We have pieces exhibited in a variety of venues throughout the year and consumers earn money when their artwork sells. Also featured is the BEADdazzlers. This group of consumers designs, creates, and sells jewelry at a variety of venues. The BEADdazzlers run the operation of the business themselves.



MARY IDA COOK ART AND CRAFT FAIR

**AMANDA LEVY, EARLY INTERVENTION SERVICE
COORDINATOR**

The Arts and Crafts fair committee was thrilled that we were able to safely bring back the Mary Ida Cook annual holiday arts and crafts fair this year! The craft fair is a wonderful opportunity to truly display the hard-work, and talent of the individuals we serve. This annual tradition I looked forward to by everyone involved, clients, NBRC staff, vendors, and the community. Everyone who sold items reported this year was highly- successful for them, and the craft fair had so many creative and unique pieces, beautiful music, and cheerful laughs and smiles. Everyone cannot wait until next year!

Profiled Artists of the North Bay

Elizabeth

Ever since Elizabeth was 4 years old, she started drawing. With the help of her school and ABA therapy she began developing her love of art. She is not a fan of regular school classes and pleads with her mom to take more painting classes. Her mother takes her to free painting classes in the community. This work of a ladybug is just one sample of Elizabeth's paintings.





Sofia Lopez

Celebrating customs from Mexico, Sofia Lopez created her own wonderful ideas for the Day of the Dead to remember her loved ones who are no longer present in our lives, but very present in our hearts.

Nicolas Brown

A client of NBRC Nicolas is a photographer and does photo work for the Dixon Newspaper, this photo is 1-80 East, Dixon



Closing Thoughts

Art can be expressed in many ways. Painting, celebrating customs, photography, even performing arts.

How would you express yourself creatively through the arts?

What do you see in the Starry Night painting by Vincent Van Gogh below? What does it mean to you?



Lauren Potter, who has Downs Syndrome broke barriers while creatively expressing herself playing the role of Becky Jackson on Glee!!

As a consumer expressing yourself creatively through your art, how would you through break the barriers?

Your advocate,

Ellen