

# Welcome! We're glad you're here!

At PHP, we understand the unique joys and challenges of raising loved ones with a disability.



Connections California: Transition to Adulthood is sponsored in part by the San Andreas Regional Center and the California Department of Developmental Services.



**Connections California**  
Transición a la Adultez

[www.php.com/es](http://www.php.com/es)



[www.php.com](http://www.php.com) | [info@php.com](mailto:info@php.com)



# Connections California: A Web Tool for Transition to Adulthood

# ¿What is Connections California?

- Focused on adulthood planning for people with disabilities
- For anyone with any disability
- Resource hub of information available 24/7 in English and Spanish, Vietnamese
  - Organized in 5 categories to explore:
    - Transition planning for tweens and teens (edades 12+)
    - Education and training
    - Adult life (includes seven subcategories of its own)
    - Self- Advocacy
    - Work Preparation
- Other resources: E-learning, E-packets, transition timeline in electronic and printed versions, live events and workshops, community resources related to transition, and support groups

# Connections California: Transition to Adulthood

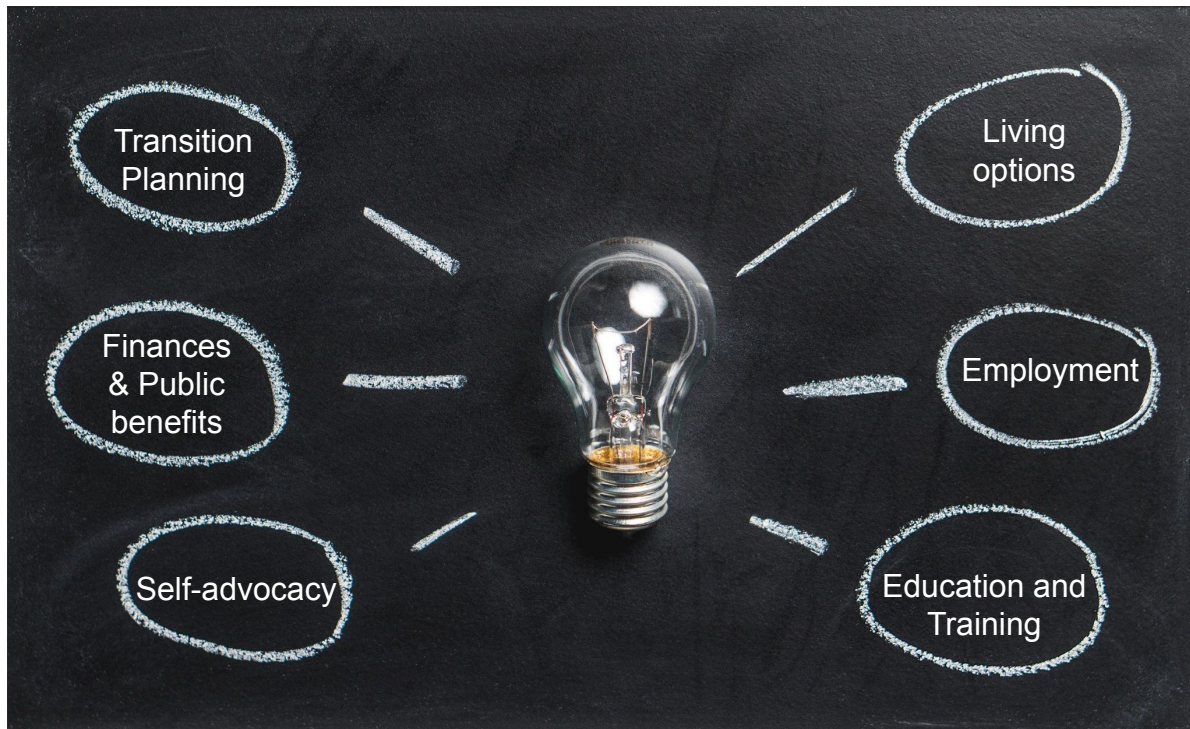


How it came  
to be

Where it is  
now

Where  
it's going

# How it Came to Be





## Transition to Adulthood: Connections California



It's never too early or too late to explore the many options available for the transition to adulthood for people with disabilities!

Understand post-high school optional!  
Learn how to become a self-advocate!  
Explore different housing options!  
Decide when to get started with the process!  
Become fluent in ALL of the adulting acronyms!  
Connect with other families also going through the transition to adulthood with their loved one!

Connections California: Transition to Adulthood is for any person with any disability. Everything is organized into five main categories. The goal is to help you find the information you need easily for this complex and exciting life transition!

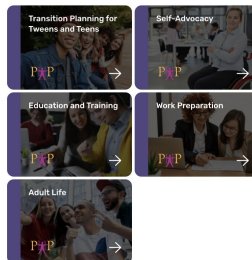
Connections California Fall 2024 events start on Monday, August 26th and run through December. Click below to view the #cca [Fall 2024 calendar](#).



¡Explora la Línea de Tiempo de Transición a la Adultez!



### Categories to Explore



## Where it is now?

# Connections California: Transition to Adulthood

# Connections California | Spanish

## Transición a la Edad Adulta: Connections California

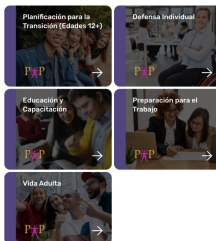


Nunca es demasiado temprano ni demasiado tarde para explorar las múltiples opciones disponibles para las personas con discapacidades que transitan hacia la edad adulta o que ya son adultos.

Identifique y comprenda las opciones posteriores a la escuela secundaria | Aprenda cómo convertirse en un autodefensor | Explore las diferentes alternativas de vivienda | Decida cuándo comenzar con el proceso | Domine TODAS las siglas sobre adultos | Conéctese con otras familias que, al igual que su ser querido, también están pasando por la transición a la edad adulta!

**Connections California: Transición a la Edad Adulta** es para cualquier persona con cualquier discapacidad. Todo está organizado en cinco categorías principales. ¡El objetivo es ayudarle a encontrar fácilmente la información que necesita para esta compleja y emocionante transición de vida!

### Categorías para explorar



Los eventos de Connections California Otoño 2024 comienzan el lunes 26 de agosto y se extienden hasta diciembre. Haga clic a continuación para ver el calendario #oca Otoño 2024.



## Where it is now?

# Connections California: Transition to Adulthood

# Fall Events

Parents Helping Parents - San Jose, Sobrato Center for Nonprofits 1400 Parkmoor Ave, #100, San Jose, CA 95126 | info@phpp.com | www.phpp.com | 408-727-5775



## Connections California

# 2024

### Fall Events | Eventos de Otoño

<p><b>Transition to Adulthood</b> It's never too early or too late to start exploring the many options available for the transition to adulthood.</p> <p><a href="http://www.phpp.com/transition-to-adulthood">www.phpp.com/transition-to-adulthood</a></p> <p>Scan for #cca in English</p> 	<p><b>Transición a la Adultez</b> Nunca es demasiado temprano o demasiado tarde para comenzar a explorar las muchas opciones disponibles para la transición a la edad adulta.</p> <p><a href="http://www.phpp.com/es/transicion-a-la-aduldez">www.phpp.com/es/transicion-a-la-aduldez</a></p> <p>Buscar para #cca en español</p> 
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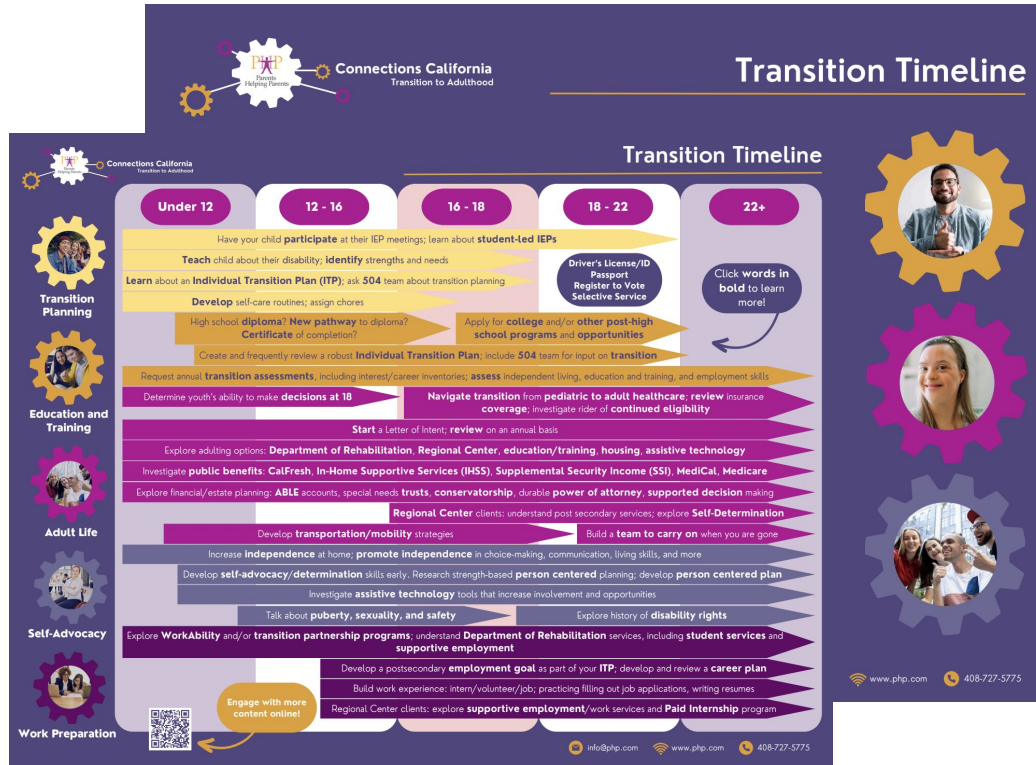


## Where it is now?

## Fall Events 2024



# Transition Timeline



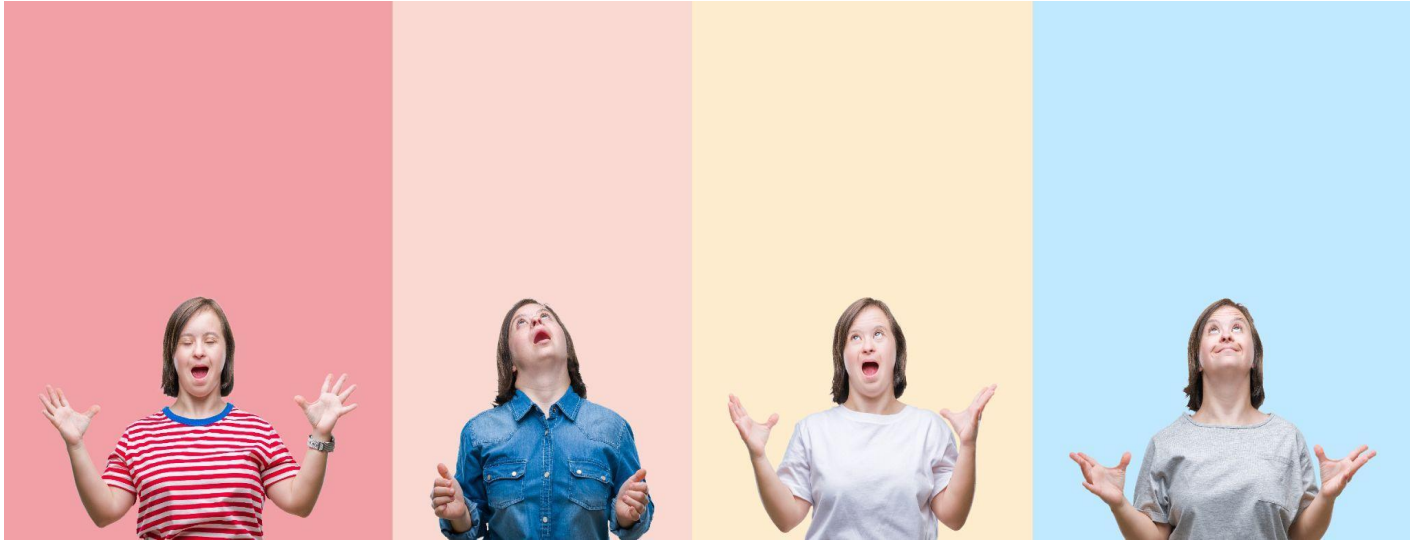
Where it is now?

Transition Timeline

# Other Resources

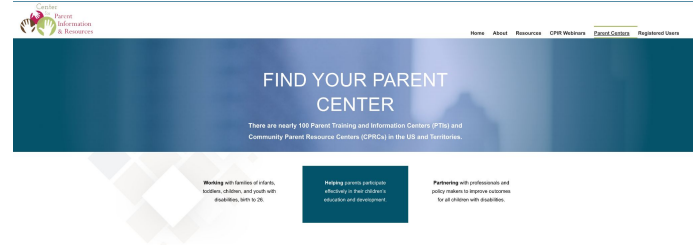
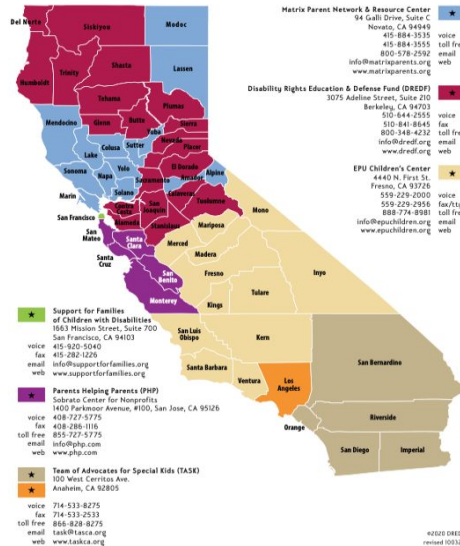


# Where it's Going



# Center for Parent Information & Resources

## CA Parent Training and Information (PTI) Centers ADMINISTRATIVE OFFICES AND COUNTIES SERVED - 2020



## Find Your Parent Center



# Family Empowerment Centers

Find Your FEC

## FEC Contact Information and Counties Served

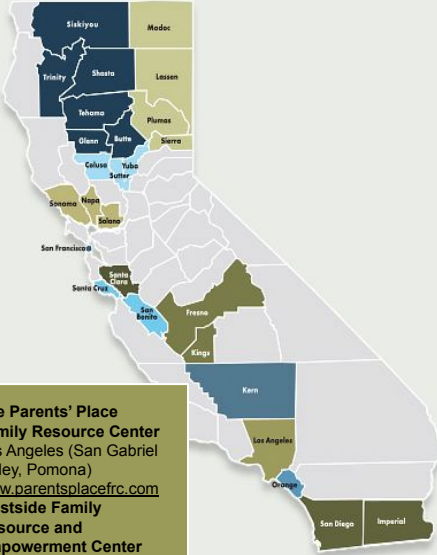
**Rowell Family Empowerment of Northern California**  
Shasta, Butte, Tehama, Trinity, Siskiyou, Glenn  
[www.rfenc.org](http://www.rfenc.org)  
530-226-5129

**Family SOUP**  
Yuba, Sutter, Colusa  
[www.familysoup.org](http://www.familysoup.org)  
530-751-1925

**Support for Families of Children with Disabilities**  
San Francisco  
[www.supportforfamilies.org](http://www.supportforfamilies.org)  
415-282-7494

**Special Parents Information Network**  
San Benito, Santa Cruz  
[www.spinisc.org](http://www.spinisc.org)  
831-722-2800

**H.E.A.R.T.S. Connection Family Resource Center**  
Kern  
[www.heartsfrc.org](http://www.heartsfrc.org)  
661-328-9055



**The Parents' Place Family Resource Center**  
Los Angeles (San Gabriel Valley, Pomona)  
[www.parentsplacefrc.com](http://www.parentsplacefrc.com)

**Westside Family Resource and Empowerment Center**  
West Los Angeles  
[www.wfrec.org](http://www.wfrec.org)

**Plumas Rural Service**  
Lassen, Modoc, Plumas, Sierra  
[www.plumasruralservices.org](http://www.plumasruralservices.org)  
530-708-2557

**Matrix Parent Network and Resource Center**  
Napa, Solano, Sonoma  
[www.matrixparents.org](http://www.matrixparents.org)  
Main: 415-475-2121  
Helpline: 800-578-2592

**Parents Helping Parents**  
Santa Clara  
[www.phpp.com](http://www.phpp.com)  
408-727-5775 x149

**Exceptional Parents Unlimited**  
Fresno, Kings  
[epchildren.org](http://epchildren.org)  
559-229-2000

**Family Focus Resource & Empowerment Center**  
North Los Angeles (San Fernando, Santa Clarita, Antelope Valley)  
[www.csun.edu/family-focus-](http://www.csun.edu/family-focus-)

**TASK (Team of Advocates for Special Kids)**  
Orange  
[www.taskca.org](http://www.taskca.org)  
714-533-8275

**Exceptional Family Resource Center**  
San Diego, Imperial  
[www.efrconline.org](http://www.efrconline.org)  
619-594-7416

Map not updated to 2024.





# THANK YOU FOR ATTENDING



## PARENTS HELPING PARENTS

Provides information, support and training to families raising children with special needs, including:

- 1:1 Consultations
- Webinars
- Support Groups
- E-Learning Library
- Online Resource Directory
- iTech Center
- and more!



### CONTACT US FOR MORE INFORMATION

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