



North Bay
Regional Center



Women's Adult Education Seminars

Tuesdays from
2:30-3:30pm

Contact your Service
Coordinator to
Learn More

*You must be Signed Up to
Attend*

Starting Tuesday, June 23rd through August 25th

**Lead by Dr. Katie Pedgrift, Psy.D., Maurice
Travis, MA and Lisa Benitez, MFTi**

Class topics include: creating meaningful and safe
relationships, public versus private behavior, laws of
sexual behavior, identifying abuse and coercion,
sexual health and contraception

Classes held at NBRC

2351 Mendocino Ave.

Santa Rosa

569-2000