



*Promoting Opportunities
Supporting Choices*

*Sponsors of
North Bay Regional Center
and other programs
for persons with developmental disabilities
610 Airpark Road
Napa, CA 94558
707-256-1224
Fax: 707-256-1230*

MEETING NOTICE

The next meeting of the Board of Directors is a regular business meeting scheduled as follows:

DATE: October 7, 2020

TIME: 6:00 pm

PLACE: Via Zoom Webinar

Please click the link below to join the webinar:

<https://us02web.zoom.us/j/89709687840?pwd=QjllcTc0dzBBNXA2OEplanVjOFItUT09>

Join by Phone:

Phone Number: 1-669-900-6833

Webinar ID: 897 0968 7840

Passcode: 912329

Español traducción:

Numero: 1-844-621-3956

Código de acceso: 130 197 75

ID: '#' (*libra de prensa*)

Agenda Enclosed

Board Related Meetings:

- The next Vendor Advisory Committee meeting will be on October 14, 2020 at 10:00am.
- The next Cultural and Linguistic Competency Committee meeting will be on October 22, 2020 at 12:00pm.
- The next Client Advisory Committee meeting will be on October 23, 2020 at 1:00pm.
- The next Legislative Advisory Committee meeting will be on October 27, 2020 at 10:00am.

REMINDER: Notices are posted at www.nbrc.net. All meetings are made accessible to persons with disabilities and all members of the public are welcome to attend. Please contact Danielle Bernardo at (707) 256-1224 for further information or to request any disability-related modifications or accommodations.

North Bay Developmental Disabilities Services, Inc.
Board of Directors' Board Meeting
Wednesday, October 7, 2020, 6:00 p.m.

Join by Zoom Webinar:

<https://us02web.zoom.us/j/89709687840?pwd=QjllcTc0dzBBNXA2OEplLanViOFItUT09>

Join by Phone:

Phone Number: 1-669-900-6833

Webinar ID: 897 0968 7840

Passcode: 912329

- I. CALL TO ORDER – Angel Hixson, President
- II. ROLL CALL AND INTRODUCTIONS – Sara Speck, Secretary (3 min)
- III. CONSIDERATION OF MINUTES – Regular Business Meeting Minutes from the September 2, 2020 Regular Business Board Meeting be approved as submitted. (Pgs. 1-4) (2 min) ACTION
- IV. GENERAL PUBLIC COMMENT – Please use the chat in the Zoom meeting to sign up, or if attending by phone, please text your name to (707) 501-0065 to sign up. (2 minutes per person unless otherwise allowed by Board Chairperson). (10 min)
- V. ETHNIC DISPARITY REPORT – Lindsay Franco, Diversity and Equity Specialist (Pgs. 5-8) (15 min) INFO
- VI. MHSA GRANT SOCIAL-SEXUAL EDUCATION PROJECT – Dr. Katie Pedgrift, NBRC Psychologist (Pgs. 9-36) (30 min) INFO
- VII. FY 2020-2021 PERFORMANCE CONTRACT – Courtney Singleton, Director of Community Services (Pgs. 37-46) (5 min) ACTION
- VIII. CONTRACT OVER \$250,000
 - A. New Leaf Solutions – Courtney Singleton, Director of Community Services (Pg. 47)(5 min) ACTION
- IX. TREASURER'S REPORT – Rosemarie Pérez, Treasurer
 - A. Treasurer's Report be approved as submitted (Pgs. 48-49) ACTION
- X. COMMITTEE REPORTS –
 - A. Executive Committee – Angel Hixson, Board President (5 min)
 - a. B-1 Contract (Pg. 50) INFO
 - b. Doug Cleveland Board Opportunity Fund donations to help fire victims INFO
 - B. Nominating Committee –
 - a. Proposed Board Member – Derek Hearhtower (to serve October 01, 2020 – September 31, 2023) (Pg. 51) (5 min) ACTION
 - C. Vendor Advisory Committee Update – Ali Tabatabai, VAC Rep. (Pgs. 52-56) (2 min) INFO
 - D. Legislative Advisory Committee Update – Ali Tabatabai, VAC Rep. (5 min) INFO
 - E. Cultural and Linguistic Competency Committee Update – Rosemarie Pérez, Treasurer INFO
 - F. Client Advisory Committee Update – Franklin Phillips, Board Mentor, CAC Chair
 - a. October 23, 2020 1:00 – 2:30 pm INFO
- XI. EXECUTIVE DIRECTOR'S REPORT – Gabriel Rogin, Executive Director (5 min) INFO
- XII. GOOD OF THE ORDER – Any other Board business may be brought up at this time.
- XIII. GENERAL PUBLIC COMMENT – Please use the chat in the Zoom meeting to sign up, or if attending

by phone, please text your name to (707) 501-0065 to sign up. (2 minutes per person unless otherwise allowed by Board Chairperson). (10 min)

XIV. ADJOURNMENT

CLOSED SESSION – a) The governing board of a regional center may hold a closed meeting to discuss or consider one or more of the following: (1) real estate negotiations, (2) the appointment, employment, evaluation of performance, or dismissal of a regional center employee, (3) employee salaries and benefits, (4) labor contract negotiations, (5) pending litigation. b) Any matter specifically dealing with a particular regional center client must be conducted in a closed session. -- W&I Code 4663.

NEXT MEETING ANNOUNCEMENT – The next Board Meeting will be on November 4, 2020 at 6:00 pm via Zoom.

**North Bay Developmental Disabilities Services, Inc.
Board of Directors' Regular Business Meeting
North Bay Regional Center
Via Zoom
September 2, 2020, 6:00 pm**

MINUTES

NBRC BOARD MEMBERS PRESENT:

Jose Ayala, Napa County
Ali Tabatabai, VAC Representative, Napa County
Franklin Phillips, Board Mentor, Sonoma County

Rosemarie Pérez, Treasurer, Sonoma County
Sara Speck, Secretary, Solano County
Alexis Jarreau, Solano County
Andrea Bednarova
Hue Truong, Sonoma County

NBRC BOARD MEMBERS ABSENT:

Lynette Stagner, Napa County
Rita Edmonds-Norris, Solano County

Angel Hixson, President, Solano County
Abel Moya, Sonoma County
Jeremy Johnson, Vice President, Solano County

NBRC STAFF PRESENT

Isabel Calder, Chief Financial Officer
Danielle Bernardo, Executive Assistant
Katy Vanzant, QA Analyst
Burleigh Termo, Service Coordinator
Ivan Arce, Employment Specialist, QA

Gabriel Rogin, Executive Director
Beth DeWitt, Director of Client Services
Courtney Singleton, Director of Community Services
Jennifer Crick, Acting Director of Administrative Services
Rafael Hernandez-Perez, Case Management Supervisor
Alex Del Agua, Service Coordinator

GUESTS: (*Based on participants names in the Zoom meeting.)

Yolanda, Community
Paula Finley, Telecare
Eric Vanderville, AIS
Eric Martin, Oaks of Hebron
Ashley, Community

Derek Hearthtower, Community
Maxine Milam, DDS
Joe Shunk, Community
Yolanda, Community
Darelyn Pazdel, Community
Justin Hamilton Hole, Community

CALL TO ORDER –

Rosemarie Pérez, Treasurer, called the regular business meeting to order at 6:03 pm.

ROLL CALL AND INTRODUCTIONS – Sara Speck, Secretary conducted roll call and a quorum was present.

CONSIDERATION OF MINUTES –

M/S/C (Speck/Jarreau) Move that the minutes of the July 15, 2020 regular business board meeting be approved as submitted.

UNANIMOUS

GENERAL PUBLIC COMMENT – None

FIRE UPDATES –

Gabriel Rogin, Executive Director, noted the following;

- Evacuations are happening at all hours.
- Service Coordinators are following up during business hours with as many people on their caseloads as they can to confirm their safety.
- NBRC staff are providing daily updates to the Department of Developmental Services.
- 755 clients and families were directly impacted, 382 confirmed evacuation, 40 Service Providers were directly impacted, 27 NBRC employees had to evacuate.
- In addition to COVID, staff are doing everything they can to verify individuals safety from the fires.
- *Andrea Bednarova* thanked staff for everything they have done for the clients during the fires.
- *Franklin Phillips, Board Mentor,* reflected on the 2017 fires and all of the emotions that the recent fires bring up for him.

- *Sara Speck, Secretary*, thanked staff for everything they've done

TREASURER'S REPORT –

A. Treasurer's Report be approved as submitted - Rosemarie Pérez, Treasurer

- A summary of the Doug Cleveland Board Opportunity Fund and the CFO board report can be found on pages 8-10 of the September 2020 board packet.

M/S/C (Speck/Jarreau) Move that the Treasurer's Report be approved as submitted.

UNANIMOUS

FY 2020-2021 PERFORMANCE CONTRACT –

January Crane, Federal Revenue Department Manager reviewed the draft Performance Contract. The Performance Contract is in the September 2, 2020 board packet on pages 10-19.

- *Rosemarie Pérez, Treasurer*, noted the number of adult clients living in family homes was neither positive nor negative. Are we encouraged to have our clients live a certain way?
- *Gabriel Rogin, Executive Director*, indicated they are looking at the entire Performance Contract and reevaluating whether the current measurements are appropriate. Additionally, the board has the option of adding our own Performance Contract measures.
- *Ali Tabatabai, VAC Representative*, noted he is interested in seeing unemployment numbers for individuals with developmental disabilities that want to work.

NATIONAL CORE INDICATORS DATA –

January Crane, Federal Revenue Department Manager, presented the National Core Indicators (NCI.) The NCI data can be found on pages 20-35 of the September 2020 board packet.

Suggestions for future National Core Indicator Surveys include the following:

- *Derek Hearthtower* noted he would like to see data that include living conditions and living structure.
 - How many clients have someone in their lives that understands them?
 - How many clients live in a home where someone yells at them?
 - *January Crane, Federal Revenue Department Manager*, noted that some of those questions are answered in CDER Report.
 - *Rosemarie Pérez, Treasurer*, noted she would like the board to see a CDER Report.
- *Gabriel Rogin, Executive Director*, noted one challenge is the gap between when data is collected and when we actually receive it.
 - Some regional centers have created dashboards and real time data as a system on their websites.
- *Ali Tabatabai, VAC Representative*, noted he would like to see employment data for individuals with developmental disabilities.
 - Do they have a job that is meaningful?
 - Are they looking for employment?

- ❖ Before moving onto the next agenda item, board members shared their gratitude for January's dedication and commitment to North Bay Regional Center over the last 12 years. She has taken a position at DDS and will continue to serve our community.

COMMITTEE REPORTS –

A. Executive Committee – Rosemarie Pérez, Treasurer

a. Doug Cleveland Board Opportunity Fund donations to help fire victims

Gabriel Rogin, Executive Director, noted he appreciates the board's willingness to support people affected by the fires. People have lost their homes, had to evacuate for lengthy periods of time, etc. Staff are developing criteria for recipients of the 10 \$100 gift cards.

- 1) Must have had a significant financial loss due to the fire.
- 2) A regional center client must be directly impacted.

- *Andrea Bednarova* noted she agrees with the criteria, but thinks the dollar amount of \$1,000 is low given the amount of destruction and disruption to the lives of the clients.
- *Gabriel Rogin, Executive Director*, noted there are other means of financial relief through FEMA, charity, insurance. The donation is a gesture to show NBRC cares. The dollar amount we have won't be significant enough to offset their loss. He noted he could come back to the board to ask for more money if needed. The donations are in addition to our normal donation fund process. NBRC IT is working on adding a donate button to our website that will be for our Board Opportunity Fund.

M/S/C (Bednarova/Speck) Move to approve the \$1,000 donation to assist fire victims and give Gabriel discretion to come back to the board to ask for more money in the future, if needed.
UNANIMOUS

B. Nominating Committee – *Rosemarie Pérez, Treasurer*

a. Proposed Board Member –

Derek Hearthtower (to serve October 01, 2020 – September 31, 2023)

- ❖ The Nominating Committee recommends Derek Hearthtower to fill a vacant consumer advocate position on the Board of Directors. Rosemarie read Mr. Hearthtower's bio that can be found on page 36 of the September 2020 board packet.
 - *Derek Hearthtower* noted he is all about advocating for people with developmental disabilities. There is a lot of heart in our community and the world has a lot to hear from us.
- ❖ Derek will be brought back for a vote in October.

b. Removal of Board Member –

Gabriel Rogin, Executive Director, noted board member Abel Moya requested a leave of absence for six months to a year. Gabriel will discuss this further with the Executive Committee.

c. NBRC Bylaws

Gabriel Rogin, Executive Director, noted the Executive Committee would like to create "interim terms" for board officers in order to align terms with required election dates in the bylaws. Gabriel will work with attorney Mike Monk to come up with a recommendation to bring back to the board.

C. Vendor Advisory Committee Update – *Ali Tabatabai, VAC Representative*, reviewed the minutes from the August 11th meeting. The minutes can be found on pages 6-10 of the September 2020 board packet.

D. Legislative Advisory Committee Update – *Ali Tabatabai, VAC Representative*

a. Thank you letter to Legislators

Ali Tabatabai, VAC Representative, noted the committee is working on restructuring to align with the board bylaws. Ali then presented a thank you letter that is to be sent to local legislators that can be found on page 44 of the September 2020 board packet.

M/S/C (Speck/Bednarova) Move to approve the thank you letter to local legislators with the change that it comes from the Board of Directors instead of the VAC.
UNANIMOUS

E. Cultural and Linguistic Competency Committee Update –

Rosemarie Pérez, Treasurer, noted the first Cultural and Linguistic Competency Committee meeting will be on 9/25 at 1:00 pm. This meeting will be open to the public and the purpose of the committee will be discussed.

EXECUTIVE DIRECTOR'S REPORT –

Gabriel Rogin, Executive Director, noted the following:

- NBRC has 35 COVID positive clients that we are aware of. 25 in Sonoma County, 7 in Solano County, 2 in Napa County and 1 in Los Angeles.
 - Of those 35 NBRC clients, here is the demographic breakdown - African American: 4, Hispanic: 15, Filipino: 3, Caucasian: 12 and Other: 1
 - We are deeply committed to minimizing COVID rates within our population.
- Retainer payments for nonresidential services have ended at the end of August.
- The Alternative Services directive changes the billing methodology for nonresidential service providers. The change to monthly rates won't be implemented until November. DDS confirmed if you're a Service Provider and are providing the same services you were pre-COVID but are now providing them remotely, you can bill same way you've always billed. If you're providing alternative services based on COVID, you need to use the Alternative Services model
- January's departure is unfortunate a loss for our agency. We will be hiring a Training and Communications Specialist. They'll be responsible for external communication, media, social media and our website.
- We will also be creating a Clinical Director position.

GOOD OF THE ORDER –

- *Ali Tabatabai, VAC Representative* acknowledged the work of NBRC's employment specialist, Ivan Arce. He noted he would like him to present to the Board at some point. Ivan is currently a part of a Stanford workgroup that is designing new models to help neuro-individuals seek employment. Ivan is representing the regional center on a global stage to a larger group of stake holders.

GENERAL PUBLIC COMMENT – None

- *Justin H., Community*, noted he hasn't received his bus pass.
 - *Isabel Calder, Chief Financial Officer* noted he can call the fiscal staff to discuss.

ADJOURNMENT –

Rosemarie Pérez, Treasurer, adjourned the meeting at 8:41 pm.

NBRC Ethnic Disparity Updates September 2020

As part of a grant through the State Council of Developmental Disabilities (SCDD,) North Bay Regional Center (NBRC) and Valley Mountain Regional Center (VMRC) have been receiving Technical Assistance and Leadership Development from Georgetown University in regards to Cultural and Linguistic Competency 7/1/2019 - 3/30/2021.

The technical assistance includes:

- Monthly Facilitated Cultural and Linguistic Competency Technical Assistance calls with Vivian Jackson from Georgetown and NBRC leadership team from November 2019-current
- Leadership Development Meetings with Ellen Kagan from Georgetown University, monthly planned for October 2020- February 2021.
- Mid-Course Check In with Georgetown, SCDD, VMRC and NBRC planned for October 2020
- Final Meeting and Presentation of Outcomes and Plan with VMRC planned for February 2021

Department of Developmental Services (DDS) Disparity Funds Projects 3/1/2020 - 3/31/2022

Each year Regional Centers and Community Based Organization apply to the Department of Developmental Services to receive funding for Ethnic and Disparity projects. NBRC's current Ethnic Disparity Fund projects focus on bridging the disparity gap between clients who receive no to low services through the regional center and speak Spanish or Tagalog. Our data shows that **NBRC spends twice as much on services for families who speak English, than families who speak Spanish, so we are seeking a better understanding of why this happens and to address any cultural and linguistic barriers to services and supports that may exist.** Tagalog is the second highest language group represented at NBRC and these families are included in the project as a rising need. This project was created in direct response to staff and community feedback around the need for extra help for monolingual and bilingual Spanish and Tagalog speaking families.

Bilingual Resource Coordinator Project: (3/1/20 - 9/30/21) NBRC received funding from DDS to hire on a small team of Bilingual Resource Coordinators (3 Spanish/English, 1 Tagalog/English) for a limited term of up to 12 months. These positions will assist Service Coordinators (SC's) in identifying any unmet needs of the individual, assisting the individual and their families in accessing and maintaining available resources that appropriately, meet that need, and surveying and understanding service satisfaction.

Bilingual Respite Services Project: (3/1/20 - 3/31/22) NBRC has been funded by DDS to collaborate with identified local respite agencies (Pacific Homecare Services and 24 Hour Homecare) to strengthen their capacity to provide culturally and linguistically appropriate respite services, by examining and improving their systems and practices. The Bilingual Resource Coordinator will also be checking in with Service Coordinators

about identified families who have been authorized for respite services but have not received or utilized the service.

There is a tremendous amount of great work being done every day by NBRC and the dedicated teams of Service Coordinators. Until now NBRC has not had the systems in place to track this work. We are hoping that the series of surveys and equity-centered tracking methodologies we use in these projects will provide our stakeholders and DDS with valuable information about the strengths and challenges of our community.

Ana Lugo, Diversity, Equity & Belonging Consultancy and Leadership Development 6/30/2020

- 6/30/2021 NBRC has contracted with Ana Lugo to provide the entire agency with Diversity and Equity training. Those trainings include:

- 10 All Staff, Management, and Executive and Board Facilitated Conversations
- Formation of Diversity & Equity Leadership Team (7 members)
- 10 Coaching Sessions for the Diversity & Equity Leadership Team

NBRC's Disparity Committee

- Composed of NBRC staff
- Strategic Planning on mission, goal, and objectives for Disparity Committee
- Diversity & Equity Leadership Team will be identified

Board of Directors Cultural and Linguistic Competency (CLC) Committee

- Creation of Board of Directors CLC Committee to uphold CLC at the policy making level
- First meeting scheduled for Friday, September 25th, 2020

Total Annual Expenditures and Authorized Services by Ethnicity or Race

For All Ages

Ethnicity	Consumer Count	Total Expenditures	Total Authorized Services	Per Capita Expenditures	Per Capita Authorized Services	Utilized
American Indian or Alaska Native	42	\$1,211,262	\$1,418,067	\$28,840	\$33,764	85.4%
Asian	628	\$11,670,911	\$12,779,618	\$18,584	\$20,350	91.3%
Black/African American	934	\$22,939,361	\$26,793,517	\$24,560	\$28,687	85.6%
Hispanic	2,852	\$27,204,333	\$33,298,892	\$9,539	\$11,676	81.7%
Native Hawaiian or Other Pacific Islander	28	\$514,447	\$519,569	\$18,373	\$18,556	99.0%
Other Ethnicity or Race / Multi-Cultural	1,426	\$16,692,069	\$20,817,973	\$11,706	\$14,599	80.2%
White	4,986	\$155,386,025	\$174,910,358	\$31,164	\$35,080	88.8%
Totals:	10,896	\$235,618,408	\$270,537,994	\$21,624	\$24,829	87.1%

For Birth to age 2 years, inclusive

American Indian or Alaska Native	5	\$34,912	\$56,633	\$6,982	\$11,327	61.6%
Asian	89	\$318,320	\$548,902	\$3,577	\$6,167	58.0%
Black/African American	95	\$251,299	\$417,930	\$2,645	\$4,399	60.1%
Hispanic	890	\$3,535,125	\$5,628,897	\$3,972	\$6,325	62.8%
Native Hawaiian or Other Pacific Islander	5	\$24,223	\$37,276	\$4,845	\$7,455	65.0%
Other Ethnicity or Race / Multi-Cultural	206	\$1,220,823	\$2,010,815	\$5,926	\$9,761	60.7%
White	821	\$3,568,453	\$5,553,569	\$4,346	\$6,764	64.3%
Totals:	2,111	\$8,953,155	\$14,254,022	\$4,241	\$6,752	62.8%

For age 3 years to 21 years, inclusive

American Indian or Alaska Native	18	\$60,475	\$98,790	\$3,360	\$5,488	61.2%
Asian	261	\$894,927	\$1,347,312	\$3,429	\$5,162	66.4%
Black/African American	297	\$1,865,621	\$2,750,071	\$6,282	\$9,260	67.8%
Hispanic	1,281	\$4,352,048	\$6,601,562	\$3,397	\$5,153	65.9%
Native Hawaiian or Other Pacific Islander	14	\$13,671	\$15,055	\$976	\$1,075	90.8%
Other Ethnicity or Race / Multi-Cultural	861	\$3,121,995	\$4,713,744	\$3,626	\$5,475	66.2%
White	1,347	\$7,640,239	\$11,553,716	\$5,672	\$8,577	66.1%
Totals:	4,079	\$17,948,976	\$27,080,251	\$4,400	\$6,639	66.3%

For age 22 years and older

American Indian or Alaska Native	19	\$1,115,875	\$1,262,644	\$58,730	\$66,455	88.4%
Asian	278	\$10,457,664	\$10,883,404	\$37,618	\$39,149	96.1%
Black/African American	542	\$20,822,441	\$23,625,515	\$38,418	\$43,590	88.1%
Hispanic	681	\$19,317,160	\$21,068,432	\$28,366	\$30,937	91.7%
Native Hawaiian or Other Pacific Islander	9	\$476,553	\$467,237	\$52,950	\$51,915	102.0%
Other Ethnicity or Race / Multi-Cultural	359	\$12,349,251	\$14,093,415	\$34,399	\$39,257	87.6%
White	2,818	\$144,177,334	\$157,803,073	\$51,163	\$55,998	91.4%
Totals:	4,706	\$208,716,277	\$229,203,721	\$44,351	\$48,705	91.1%

The expenditure data reported may not include payments made by the regional center to a service provider under a Contract. Typical services paid to a service provider under a Contract include, but are not limited to, Transportation Services, Transportation Assistant Services, and Supported Employment Program (SEP) Group Services.

Total Annual Expenditures and Authorized Services by Language

For All Ages

Language	Consumer Count	Total Expenditures	Total Authorized Services	Per Capita Expenditures	Per Capita Authorized Services	Utilized
ASL (American Sign Language)	21	\$1,508,735	\$1,592,853	\$71,845	\$75,850	94.7%
Other Sign Language	2	\$17,217	\$11,881	\$8,609	\$5,941	144.9%
English	8,831	\$216,431,779	\$247,526,760	\$24,508	\$28,029	87.4%
Armenian	0					
Somali	0					
Swahili	3	\$36,023	\$49,722	\$12,008	\$16,574	72.4%
Nigerian	0					
Amharic	1	\$28,537	\$12,117	\$28,537	\$12,117	235.5%
Aramaic / Chaldean	0					
French	3	\$2,533	\$4,404	\$844	\$1,468	57.5%
Italian	0					
Portuguese	5	\$16,465	\$21,902	\$3,293	\$4,380	75.2%
Spanish	1,890	\$14,799,175	\$18,405,932	\$7,830	\$9,739	80.4%
Other Latin	2	\$3,382	\$4,362	\$1,691	\$2,181	77.5%
Cantonese Chinese	6	\$172,840	\$190,908	\$28,807	\$31,818	90.5%
Mandarin Chinese	4	\$333,557	\$372,540	\$83,389	\$93,135	89.5%
Japanese	2	\$13,528	\$18,377	\$6,764	\$9,189	73.6%
Vietnamese	19	\$153,016	\$169,889	\$8,053	\$8,942	90.1%
Korean	3	\$100,057	\$112,089	\$33,352	\$37,363	89.3%
Laotian	5	\$47,384	\$54,311	\$9,477	\$10,862	87.2%
Cambodian	3	\$73,842	\$59,846	\$24,614	\$19,949	123.4%
Other Asian	4	\$54,558	\$63,467	\$13,640	\$15,867	86.0%
Dutch	0					
German	0					
Hmong	0					
Thai	3	\$791	\$2,144	\$264	\$715	36.9%
Mien	1	\$23,551	\$20,771	\$23,551	\$20,771	113.4%
Other Germanic	0					
Hungarian	0					
Russian	2	\$104,038	\$124,108	\$52,019	\$62,054	83.8%
Other Uralic-Slavic Languages	0					
Samoan	0					
Tagalog	58	\$1,201,916	\$1,105,055	\$20,723	\$19,053	108.8%
Guamanian	0					
Other Pacific Island	2	\$40,172	\$36,265	\$20,086	\$18,132	110.8%
Arabic	7	\$228,301	\$267,534	\$32,614	\$38,219	85.3%
Hebrew	0					
Farsi (Persian)	2	\$7,755	\$11,223	\$3,877	\$5,612	69.1%
Hindi (Northern India)	5	\$86,454	\$104,746	\$17,291	\$20,949	82.5%
Urdu (Pakistan India)	1	\$11,937	\$14,212	\$11,937	\$14,212	84.0%
Other Indo-Iranian Language	2	\$8,502	\$10,164	\$4,251	\$5,082	83.6%
Danish	0					
Norwegian	0					
Swedish	0					
Other Scandinavian	0					
All Other Languages	9	\$112,364	\$170,411	\$12,485	\$18,935	65.9%
Totals:	10,896	\$235,618,408	\$270,537,994	\$21,624	\$24,829	87.1%

The expenditure data reported may not include payments made by the regional center to a service provider under a Contract. Typical services paid to a service provider under a Contract include, but are not limited to, Transportation Services, Transportation Assistant Services, and Supported Employment Program (SEP) Group Services.

NORTH BAY REGIONAL
CENTER'S
SOCIAL-SEXUAL EDUCATION
PROJECT

Project Details

- Funded by the Mental Health Services Act in partnership with Department of Developmental Services
- 3 year project to create and pilot test a social-sexual education program for people with developmental disabilities
- Final product (Relationships Decoded) free and accessible to interested providers



Sexual Assault and People with ID

- NPR conducted a yearlong investigation and in January 2018 concluded that people with ID are sexually assaulted at 7 times the rate of people without disabilities



Sexual Abuse is Under-Reported

- In confirmed cases of sexual abuse in residential facilities, people with ID were the initial reporter in only 3% of cases (McCarney & Campbell, 1998)
- Law enforcement agents often lack training in interviewing people with ID
- People with ID are rarely used as witnesses in court



Sexual Abuse and People with ID

- People with ID maintain a high vulnerability to sexual abuse throughout their adulthood
- Adults with ID continue to be targeted for sexual abuse at rates similar to those of children with ID
- 64% of adult females and 50% of adult males with ID report being targets of sexual exploitation (Zemp, 2002)



Relationships and People with ASD

- According to a study by Toronto's Redpath Center, 32% of adults with ASD report having a partner and only 9% are married
- General consensus data indicates that about 50% of adults are married



Other Issues

- When people are not provided with accurate and accessible information about social-sexual behavioral norms, they are likely to demonstrate inappropriate social-sexual behavior



Common Outcomes

- Inappropriate sexual behavior has been cited as the #1 reason people are referred to institutional living (Quinlan, 1992)
- Inappropriate social-sexual behavior has been cited as the primary reason that people with DD lose community employment opportunities (Reitman, Drabman, Speaks, Burkley, Rhode, 1999)



Protective Factors

- Knowledge of sexuality, abuse, and self-protection reduces the risk of sexual abuse (So-kum Tang & Kit-shan Lee, 1999)
- Assertiveness training is related to the practice of self-protection skills in real life situations (Haseline & Miltenberger, 1990)
- Social skills training reduces the incident of sexually inappropriate behaviors (Farmer & Pollock, 2003)



Project Goals

- Reduce rates of depression, anxiety and trauma that is associated with inability to access relationships and exposure to sexual exploitation
- Reduce the expression of inappropriate social-sexual behavior by people with DD in the community
- Empower people with DD to enter into consensual relationships of their choosing
- Empower people with DD to identify signs of abuse and coercion
- Educate people with DD about their bodies, laws regarding consent, and social norms
- Keep people with DD in the least restrictive community settings as possible

Social-Sexual Education Project

- A mission to reduce risk factors associated with sexual abuse and increase protective factors associated with pro-social sexual behavior



3 Phases of the Social-Sexual Education Project

- Phase 1- Create education materials
- Phase 2- Pilot test the material
- Phase 3- Modify education, educate service providers, and make program available



Creating Educational Material

- Created 25 lesson plans
 - ✓ Introductory Program (11 lessons)
 - ✓ Advanced Program (14 lessons)
 - ✓ Every lesson includes written instructions for providers and visual supports for learners
 - Pictures, videos, visual cues
 - Evidenced-based teaching practices

Evidence Based Practices

(National Professional Development Center ASD 2014 Report on Evidence Based Practices)

- Cognitive Behavioral Interventions
- Video Modeling
- Visual Supports
- Social Narratives
- Scripting
- Antecedent Based Interventions
- Technology Based Instruction

Advanced Curriculum

Lesson 2: Dating and Emotions



Concept:

Being open to a relationship involves meeting new people and trying new things. This can be difficult and make people feel uncomfortable. Managing uncomfortable emotions is a necessary skill for adults who want to be in a relationship.

Why this Matters:

Poor emotional management commonly leads to problematic relationships, missed relationship opportunities, and poor decision making.

Teaching Notes:

This lesson addresses some strong feelings that come along with relationships. For students who need more support with emotional management this should be paired with a self-regulation/emotional management program.

Objectives:

1. Participants will learn three appropriate strategies for meeting people and finding common interests.
2. Participants will recognize the variety of emotions that one may experience when dating.
3. Participants will identify coping strategies for managing various emotions associated with dating (e.g., disappointment, excitement, etc.).

Quick Look Agenda:

- ☐ Welcome
- ☐ Photo review discussion
- ☐ Video: Adventures in Dating Part 1
- ☐ Video: Adventures in Dating Part 2
- ☐ Photo Discussion
- ☐ Video: Texting Too Much
- ☐ Video: Rejection
- ☐ Closing

Materials:

- ☐ Lesson Plan 2
- ☐ Visual Supports for Lesson Plan 2
- ☐ Technology with audio capabilities

Evidence Based Practices:

Lesson 2: Dating and Emotions

Welcome

Last week we started talking about relationships. We talked about some of the touching that only happens in a romantic relationship.

Review Photos 1-3

1



2



3



Now we are going to look at some pictures. Let's decide how the people in the pictures know each other.

Show Review Pictures 1-3.

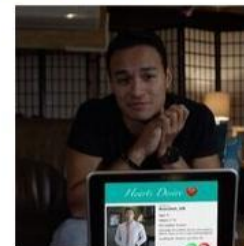
***As you go through pictures, have participants identify the specific touching/activity that identifies them as a couple.*

New Topic

Today we are going to talk about how romantic relationships get started.

We are going to watch a short video about a guy who has decided that he wants to start dating.

Video: Adventures in Dating: Part 1



Show Adventures in Dating: Part 1.

Discussion Starters:

- What are the things that Joe did to put himself out there? (e.g., joined clubs, signed up for a dance, started dating profile)
- What are some other ways that people meet and find common interests?
- What are the interests of people in the group?
- What are things that people want to have in common with a boyfriend or girlfriend?

Lesson 2: Dating and Emotions

Video: Adventures in Dating: Part 2



Let's learn a little more about Joe.

Show Adventures in Dating: Part 2.

Disappointment can be a part of dating and putting yourself out there.

Dating and being in a relationship can bring up very strong emotions.

What are some other emotions that can be a part of dating?

Photos 1-7



Show Picture 1. (Excitement)



Show Picture 2. (Nervousness)



Show Picture 3. (Embarrassment)



Show Picture 4. (Happiness)



Show Picture 5. (Passion)



Show Picture 6. (Disappointment/Sadness)



Show Picture 7. (Rejection)

Lesson 2: Dating and Emotions

Video: Texting Too Much



Strong emotions are a part of relationships. People can experience really good feelings AND really bad feelings. When feelings get too strong, people can make poor decisions.

Let's watch a video about a girl who got too happy and excited when she met someone she liked.

Discussion Starter:

- How did getting too excited ruin her chances of finding a relationship?
- What are some coping skills she could have used?

Video: Rejection



Sometimes you can picture things going a certain way. But when you try, it may not go the way you wanted.

Discussion Starter:

- How did his feelings about getting rejected ruin his chances of finding a relationship?
- What are some coping skills he could have used?

**** What do participants already know about managing strong emotions? Do they have any coping skills that they already use? (For participants who may need some support in managing strong emotions, this program may be paired with an emotional regulation curriculum/supports.)**

Closing

When people start dating, they need to be mature enough to handle some of the strong feelings that come along with relationships.

When people cannot handle the strong emotions that come along with dating, things can go badly.

We will be talking more about these feelings and how to handle them throughout this class.

Introductory Curriculum

- Personal space
- Public versus private
- Assertive communication
- Introduction to dating and attraction
- Identifying private body parts
- Understanding sexual abuse



If you don't want someone in your
personal space

```
graph TD; A([If you don't want someone in your personal space]) --- B([Move]); A --- C([Talk to the person about it]); A --- D([Get help])
```

Move

Talk to the
person
about it

Get help



Steps to Make an Assertive Statement

1. Stop smiling
2. Look the person in the eye, and
3. Tell them what you would like them to do.

Advanced Curriculum

- Healthy relationships
- Dating and emotions
- Personal boundaries
- Consent
- Safe dating practices
- Sexual abuse
- Sexual health and contraception



Additional Supports

- Web application
 - ✓ 8 activities that address core learning objectives of the education program
 - ✓ Assesses individual learning
 - ✓ Helpful for professionals who track IEP and/or behavioral goals





Relationships Decoded

Welcome

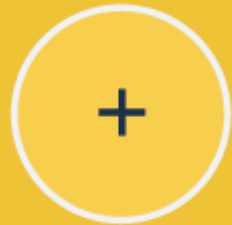
Teacher Registration

Log In

Contact Us

Increasing knowledge, increases safety!

Add a new student or select an existing student
to begin



Add Student



Lisa B.



Jake H.



Randy V.



Learning Objectives of the Web Application

- Identifying personal space
- Differentiating between public and private places
- Differentiating between wanted and unwanted touching
- Identifying touches that are okay for public
- Identifying touches that are illegal for public
- Identifying sexual abuse



Phase 2

- Pilot testing
 - ✓ Special Education classrooms
 - ✓ Group counseling/education
 - ✓ In-home behavioral services
 - ✓ 1:1 counseling
- Over 150 participants

Pilot Test Locations

- Anova
- Allied Integration Services
- Bridging Worlds Behavioral Services
- Green Acres Homes & School
- Napa Valley Unified School District
- North Bay Regional Center
- Novato Unified School District
- SEEDS Educational Services
- Sonoma County Office of Education
- Turning Point Solano

Final Phase

- Edited and updated the program based on pilot testing results
- Partnered with UC Davis MIND Institute
- Free and accessible to interested providers in June 2020
- www.relationshipsdecoded.com





North Bay Regional Center

Performance Contract Plan 2021

Board Approved: TBD






North Bay Regional Center (NBRC) promotes opportunities and supports choices for people with developmental disabilities, or at risk of developmental disabilities, in Solano, Sonoma, and Napa Counties.







This Plan for 2021 reflects targeted activities NBRC will engage in to continue to improve outcomes related to Public Policy Measures and Compliance Requirements as a result of both internal review and external feedback sessions.

NBRC's Performance Goals are achieved when NBRC data exceeds the statewide average (★) or has improved over the prior year (↑)

Public Policy Performance Measures	Statewide Averages	NBRC Outcomes	Planned Activities for 2021
<i>Number and percent of regional center caseload in Developmental Center</i>	0.10% FY 2018-19 0.08% FY 2019-20	10/0.11% FY 2018-19 12/0.13% FY 2019-20	<ul style="list-style-type: none"> NBRC will continue to support those that have transitioned into the community from a developmental center NBRC will increase resource development to address individual's support needs
<i>Number and percent of minors residing with families – own home, foster home, with guardian</i>	99.42% FY 2018-19 99.48% FY 2019-20	3721/99.41% FY 2018-19 ↑★ 3906/99.52% FY 2019-20	<ul style="list-style-type: none"> NBRC continues to monitor family and children's support needs around health, living arrangements, school, and community integration Service Coordinators will continue to assess for behavior, respite, and daycare supports, durable medical equipment, and other services and supports to maintain children in the family home
<i>Number and percent of adults residing in independent living arrangements, with or without services</i>	10.36% FY 2018-19 10.06% FY 2019-20	611/11.55% FY 2018-19 ★ 608/11.41% FY 2019-20	

<i>Number and percent of adults residing independently, with Supported Living services</i>	5.33% FY 2018-19 5.28% FY 2019-20	644/12.18% FY 2018-19 ★ 645/12.10% FY 2019-20	<ul style="list-style-type: none"> NBRC will continue identifying supported living options and advocating for affordable housing options NBRC to monitor quality outcomes and ensure access to all generic services, e.g., IHSS Service Coordinators will conduct quarterly monitoring visits to ensure quality services
<i>Number and percent of adults residing in adult Family Home Agency (FHA) homes</i>	0.96% FY 2018-19 0.93% FY 2019-20	81/1.53% FY 2018-19 ↑★ 82/1.54% FY 2019-20	<ul style="list-style-type: none"> NBRC will continue to identify FHAs as a living option, working with vendors to ensure quality services and supports meet individuals' needs Service Coordinators will conduct quarterly monitoring visits, with a minimum of 2 unannounced visits a year
<i>Number and percent of adults residing in family homes – home of parent/guardian</i>	63.89% FY 2018-19 64.98% FY 2019-20	2848/53.85% FY 2018-19 ↑ 2936/55.09% FY 2019-20	<ul style="list-style-type: none"> NBRC will examine available data to anticipate future resource development needs
<i>Number and percent of adults residing in home settings – independent living, supported living, adult FHA, and family homes</i>	80.54% FY 2018-19 81.25% FY 2019-20	4184/79.11% FY 2018-19 ↑ 4271/80.15% FY 2019-20	<ul style="list-style-type: none"> NBRC continues advocating for individual to assert their rights to access the living arrangement of their choice
<i>Number and percent of minors living in facilities service more than 6</i>	0.04% FY 2018-19 0.04% FY 2019-20	1/0.03% FY 2018-19 2/0.05% FY 2019-20	<ul style="list-style-type: none"> NBRC will continue developing alternative living arrangements that meet children's support needs in the least restrictive setting
<i>Number and percent of adults living in facilities serving more than 6</i>	2.24% FY 2018-19 2.06% FY 2019-20	59/1.12% FY 2018-19 ↑★ 50/0.94% FY 2019-20	<ul style="list-style-type: none"> NBRC develops homes that serve 4 adults or less while meeting health and behavioral needs and anticipated CMS settings rules NBRC will continue monitoring these settings and assessing for support needs quarterly

Public Policy Performance Measures - Employment	Statewide Averages	NBRC Outcomes	Planned Activities for 2021
<i>Number and percent of individuals ages 16-64 with earned income (source: Employment Development Department)</i>	27,182/17% (per quarter) 2017 27,526/16% (per quarter) 2018	1424/28% (per quarter) 2017   1370/27% (per quarter) 2018	<ul style="list-style-type: none"> NBRC will continue working with the Dept. of Rehabilitation and local collaborative groups to promote Work First with the individual planning team and increase employment opportunities NBRC will increase business outreach and education and produce materials/media highlighting the benefits of employing individuals with disabilities
<i>Average annual wages for individuals ages 16-64 (source: Employment Development Department)</i>	\$9033 2017 \$10,371 2018	\$8426 2017   \$10,354 2018	*see above
<i>Annual earnings of individuals ages 16-64 compared to all people with disabilities in California (source: Cornell University Disability Status Report)</i>	\$47,500 2017 *2018 data not available	*statewide data collection under development	*see above
<i>Number and percent of adults who entered in competitive integrated employment following participation in a Paid Internship Program (source: Paid Internship Program Survey)</i>	6/18% FY 2017-18 9/13% FY 2018-19	0 FY 2017-18  2/7% FY 2018-19	<ul style="list-style-type: none"> NBRC will increase training opportunities on Competitive Integrated Employment(CIE) for clients, vendors, and Service Coordinators in order to increase employment, awareness, and utilization of supports and programs NBRC will create brochures and a guidebook on employment-related supports to be distributed to clients and stakeholders NBRC will collaborate with Dept. of Rehabilitation and local school districts, through the Local Partnership Agreement (LPA) process, to increase

			opportunities for informed choice and employment
<i>Average wages and hours worked for adults engaged in competitive integrate employment on behalf of whom incentive payments have been made</i> (source: Competitive Integrated Employment Program Survey)	\$11.93/hr 22hrs/wk FY 2017-18 \$12.76/hr 22hrs/wk FY 2018-19	\$11.47/hr 20 hrs/wk FY 2017-18 \$12.76/hr 20 hrs/wk FY 2018-19 	*see above
<i>Average hourly or salaried wages and hours worked per week for adults who participates in a Paid Internship Program</i> (source: Paid Internship Program Survey)	\$11.64 18hrs/wk FY 2017-18 \$12.45/hr 17hrs/wk FY 2018-19	\$10.88/hr 17 hrs/wk FY 2017-18 \$12/hr 15 hrs/wk FY 2018-19 	*see above
<i>Total number of \$1000, \$1250, and \$1500 incentive payments made for the fiscal year</i> (source: Competitive Integrated Employment Incentive Program survey)	63 FY 2017-18 109 FY 2018-19	75 FY 2017-18   127 FY 2018-19	*see above
<i>Percentage of adults who reported having competitive integrated employment as a goal in their IPP</i> (source: National Core Indicator Adult Consumer Survey)	27% FY 2014-15 29% FY 2017-18	26% FY 2014-15   36% FY 2017-18	<ul style="list-style-type: none"> NBRC will promote Employment First with the individual planning team and continue to provide training to Service Coordinators on advocating for integrated employment opportunities in the community

Public Policy Performance Measure – Reducing Disparities and Improving Equity in Purchase of Service Expenditures	FY 2018-19 NBRC data						
<i>Percent of total annual purchase of service expenditures by individual's ethnicity and age</i>	For All Ages						
	Ethnicity	Consumer Count	Total Expenditures	Total Authorized Services	Per Capita Expenditures	Per Capita Authorized Services	Utilized
	American Indian or Alaska Native	42	\$1,211,262	\$1,418,067	\$28,840	\$33,764	85.4%
	Asian	628	\$11,670,911	\$12,779,618	\$18,584	\$20,350	91.3%
	Black/African American	934	\$22,939,361	\$26,793,517	\$24,560	\$28,687	85.6%
	Hispanic	2,852	\$27,204,333	\$33,298,892	\$9,539	\$11,676	81.7%
	Native Hawaiian or Other Pacific Islander	28	\$514,447	\$519,569	\$18,373	\$18,556	99.0%
	Other Ethnicity or Race / Multi-Cultural	1,426	\$16,692,069	\$20,817,973	\$11,706	\$14,599	80.2%
	White	4,986	\$155,386,025	\$174,910,358	\$31,164	\$35,080	88.8%
	Totals:	10,896	\$235,618,408	\$270,537,994	\$21,624	\$24,829	87.1%
	For Birth to age 2 years, inclusive						
	American Indian or Alaska Native	5	\$34,912	\$56,633	\$6,982	\$11,327	61.6%
	Asian	89	\$318,320	\$548,902	\$3,577	\$6,167	58.0%
	Black/African American	95	\$251,299	\$417,930	\$2,645	\$4,399	60.1%
	Hispanic	890	\$3,535,125	\$5,628,897	\$3,972	\$6,325	62.8%
	Native Hawaiian or Other Pacific Islander	5	\$24,223	\$37,276	\$4,845	\$7,455	65.0%
	Other Ethnicity or Race / Multi-Cultural	206	\$1,220,823	\$2,010,815	\$5,926	\$9,761	60.7%
	White	821	\$3,568,453	\$5,553,569	\$4,346	\$6,764	64.3%
	Totals:	2,111	\$8,953,155	\$14,254,022	\$4,241	\$6,752	62.8%
	For age 3 years to 21 years, inclusive						
	American Indian or Alaska Native	18	\$60,475	\$98,790	\$3,360	\$5,488	61.2%
	Asian	261	\$894,927	\$1,347,312	\$3,429	\$5,162	66.4%
	Black/African American	297	\$1,865,621	\$2,750,071	\$6,282	\$9,260	67.8%
	Hispanic	1,281	\$4,352,048	\$6,601,562	\$3,397	\$5,153	65.9%
	Native Hawaiian or Other Pacific Islander	14	\$13,671	\$15,055	\$976	\$1,075	90.8%
	Other Ethnicity or Race / Multi-Cultural	861	\$3,121,995	\$4,713,744	\$3,626	\$5,475	66.2%
	White	1,347	\$7,640,239	\$11,553,716	\$5,672	\$8,577	66.1%
	Totals:	4,079	\$17,948,976	\$27,080,251	\$4,400	\$6,639	66.3%
	For age 22 years and older						
	American Indian or Alaska Native	19	\$1,115,875	\$1,262,644	\$58,730	\$66,455	88.4%
	Asian	278	\$10,457,664	\$10,883,404	\$37,618	\$39,149	96.1%
	Black/African American	542	\$20,822,441	\$23,625,515	\$38,418	\$43,590	88.1%
	Hispanic	681	\$19,317,160	\$21,068,432	\$28,366	\$30,937	91.7%
	Native Hawaiian or Other Pacific Islander	9	\$476,553	\$467,237	\$52,950	\$51,915	102.0%
	Other Ethnicity or Race / Multi-Cultural	359	\$12,349,251	\$14,093,415	\$34,399	\$39,257	87.6%
	White	2,818	\$144,177,334	\$157,803,073	\$51,163	\$55,998	91.4%
	Totals:	4,706	\$208,716,277	\$229,203,721	\$44,351	\$48,705	91.1%



Number and Percent of individuals receiving only case management services by age and ethnicity

<i>For All Ages</i>	Total Eligible Consumers	Consumers Receiving Purchased Services	Consumers With No Purchased Services	Percent With No Purchased Services
Ethnicity				
American Indian or Alaska Native	42	34	8	19.0%
Asian	628	489	139	22.1%
Black/African American	934	785	149	16.0%
Hispanic	2,852	2,373	479	16.8%
Native Hawaiian or Other Pacific Islander	28	21	7	25.0%
Other Ethnicity or Race / Multi-Cultural	1,426	1,071	355	24.9%
White	4,986	4,256	730	14.6%
Totals:	10,896	9,029	1,867	17.1%
<i>For Birth to age 2 years, inclusive</i>				
American Indian or Alaska Native	5	5	0	0.0%
Asian	89	82	7	7.9%
Black/African American	95	92	3	3.2%
Hispanic	890	876	14	1.6%
Native Hawaiian or Other Pacific Islander	5	4	1	20.0%
Other Ethnicity or Race / Multi-Cultural	206	205	1	0.5%
White	821	800	21	2.6%
Totals:	2,111	2,064	47	2.2%
<i>For age 3 years to 21 years, inclusive</i>				
American Indian or Alaska Native	18	12	6	33.3%
Asian	261	173	88	33.7%
Black/African American	297	207	90	30.3%
Hispanic	1,281	916	365	28.5%
Native Hawaiian or Other Pacific Islander	14	8	6	42.9%
Other Ethnicity or Race / Multi-Cultural	861	569	292	33.9%
White	1,347	924	423	31.4%
Totals:	4,079	2,809	1,270	31.1%
<i>For age 22 years and older</i>				
American Indian or Alaska Native	19	17	2	10.5%
Asian	278	234	44	15.8%
Black/African American	542	486	56	10.3%
Hispanic	681	581	100	14.7%
Native Hawaiian or Other Pacific Islander	9	9	0	0.0%
Other Ethnicity or Race / Multi-Cultural	359	297	62	17.3%
White	2,818	2,532	286	10.1%
Totals:	4,706	4,156	550	11.7%

Per capita purchase of service expenditures by individual's primary language (for primary languages chosen by 30 or more clients)

Language	Count of UCI		Per Capita Purchase of Service Expenditures	
	2017-2018	2018-2019	2017-2018	2018-2019
English	8,432	8,831	\$21,028	\$24,508
Spanish	1,797	1,890	\$6,907	\$7,830
Tagalog	57	58	\$17,453	\$20,723

Compliance Measure – Public Policy and Compliance	2019	2020	Planned Activities for 2021
Unqualified independent audit with no material findings	YES	*Audit in process	NBRC will continue to utilize sound business practices in compliance with audits
Substantial compliance with the Department fiscal audit	YES	*Audit it process	NBRC will continue to fulfill internal auditing requirements
Operates within operations budget	YES	YES	NBRC will continue to monitor and provide monthly reporting
Certified to participate in the Home and Community-Based Waiver	YES	YES	NBRC Internal Quality Monitor conducts monthly audits, as well as ongoing training on all Federal Programs
Compliance with Vendor Audit Requirements per contract	YES	YES	NBRC will continue to perform audits with our vendors on a regular basis
IPP Development per W&I Code requirements	99.33% (2017)	*final 2019 audit results not available as of August 2020	NBRC will continue to regularly monitor IPP reports
IFSP Development per Title 17 requirements per ESR	87.3%	87.1%	NBRC will continue to submit RFPs for speech, OT, and PT for additional assistance in timely assessments

Compliance Measure	Statewide Averages	NBRC Outcomes	Planned Activities for 2021
CDER/ESR Currency	98.3% FY 2018-19 98.34% FY 2019-20	98.9% FY 2018-19  98.68% FY 2019-20	<ul style="list-style-type: none"> NBRC will continue monitoring monthly reports to ensure CDERS and ESRs are current
Intake/Assessment and IFSP timelines (ages 0-2)	*statewide data collection under development	95.91% FY 2018-18  98.73% FY 2019-20	<ul style="list-style-type: none"> NBRC will continue monitoring IFSP input data internally to ensure IFSP's are completed in a timely manner NBRC will continue to submit RFPs for speech, OT, and PT for additional assistance in timely assessments

Intake/Assessment timelines for individuals ages 3 or older			<ul style="list-style-type: none"> NBRC will continue providing timely completion of intake/assessment for children 3 years old and above
<i>142 days or less</i>	89.84% FY 2018-19	100% FY 2018-19	
	91.29% FY 2019-20 *****	86.71% FY 2019-20 *****	
<i>143-240 days</i>	6.05% FY 2018-19	0% FY 2018-19	
	7.47% FY 2019-20 *****	13.29% FY 2019-20 *****	
<i>Over 240 days</i>	4.11% FY 2018-19	0% FY 2018-19	
	1.25% FY 2019-20	★ 0% FY 2019-20	

Measures Related to Reducing Disparities and Improving Equity in Purchase of Service Expenditures		National Core Indicator (NCI) Data Current NCI data identifies per survey type and year			
Overall Number and Percent of individuals, by ethnicity , who are satisfied (always/usually) with the services and supports received by the family and family member	Child Family Survey (FY 15/16)	NBRC White: 52.5% (FY 12/13: 53.85%) Hispanic or Latino: 65.4% (FY 12/13: 62.26%) Total Overall: 299/58.2% (FY 12/13: 362/58.29%)	FNRC White: 78.2% Hispanic or Latino: 68.6% Total Overall: 226/76.1%	RCRC White: 73.7% Hispanic or Latino: 71% Total Overall: 153/71.9%	Statewide White: 72.8% (FY 12/13: 63.88%) Hispanic or Latino: 69.7% (FY 12/13: 59.94%) Overall: 12,696/70.8% (FY 12/13: 7995/62.53%)
	Family Guardian Survey (FY 16/17)	White: 82.5% (FY 13/14: 84.75%) Hispanic or Latino: 80% (FY 13/14: 75%) Total Overall: 159/82.4% (FY 13/14: 150/82%)	White: 86.6% (FY 13/14:) Hispanic or Latino: 100% Total Overall: 195/85.1%	White: 83.9% Hispanic or Latino: 100% Total Overall: 70/82.9%	White: 89% (FY 13/14: 83.74%) Hispanic or Latino: 83% (FY 13/14: 72.76%) Overall: 3768/87.5% (FY 13/14: 3210/81.06%)
	Adult Family Survey (FY 16/17)	White: 77.3% (FY 13/14: 67.39%) Hispanic or Latino: 71.1% (FY 13/14: 55.88%) Total Overall: 238/75.2% (FY 13/14: 67.17%)	White: 81.1% Hispanic or Latino: 84% Total Overall: 245/76.1%	White: 87.7% Hispanic or Latino: 75% Total Overall: 159/85.5%	White: 80.9% Hispanic or Latino: 77.6% Overall: 4603/79.1%

Measures Related to Reducing Disparities and Improving Equity in Purchase of Service Expenditures		National Core Indicator (NCI) Data Current NCI data identifies per survey type and year			
Number and Percent of families, by ethnicity , who report that services have made a positive difference in helping to keep their family member at home	Adult Family Survey (FY 16/17)	<p>NBRC</p> <p>↑★ White: 69% (FY 10/11: 55.56%)</p> <p>↑★ Hispanic or Latino: 68.6% (FY 10/11: 60%)</p> <p>↑★ Overall: 259/67.2% (FY 10/11: 207/59.42%)</p>	<p>FNRC N/A</p> <p>*data not available by ethnicity</p>	<p>RCRC N/A</p> <p>*data not available by ethnicity</p>	<p>Statewide</p> <p>White: 68.3% (FY 10/11: 61.26%)</p> <p>Hispanic or Latino: 64.1% (FY 10/11: 61.26%)</p> <p>Overall: 4918/65.1% (FY 10/11: 60.61%)</p>

Date submitted to NBRC Board for review

10/07/2020

Date approved by NBRC Board Executive Committee (if applicable)

Date approved by NBRC Board

 Operations ☐

 Purchase of Service ☒

The following contracts have been reviewed by Courtney Singleton, Director of Community Services, Isabel Calder, Chief Financial Officer and Gabriel Rogin, Executive Director. All recommend approval by the NBRC Board of Directors.

Purpose of Contract	Consumers Served	Contractor Name and Vendor# (if applicable)	Term of Contract	Contract Amounts	Notes
Money Management/Representative Payee	1150	New Leaf Solutions-PN1016	11/1/20-10/31/23	\$751,824 Annually not to exceed	\$27.24/Per Hour. Minimum 2 hours per client

Summary:

New Leaf provides money management services to individuals served by NBRC, that are unable to manage their funds without assistance. With help from a consumer's support team, New Leaf Solutions develops a detailed budget to organize a client's monthly expenses. These expenses can include rent, grocery funds, utility bills, funds for personal expenses, medical expenses, and other recurring monthly expenses. New Leaf will pay rent and bills directly to landlords and agencies whenever possible. New Leaf will save any funds left over at the end of each month in the consumer's trust account. Conserved funds are monitored with total resources not to exceed resource maximums for SSI and Medi-Cal beneficiaries. Money management services work with the consumer and their planning teams for spending on additional purchases such as, clothing, furniture, entertainment, or other personal comfort items. New Leaf sends checks and completes direct deposits every Tuesday and Thursday, with additional reimbursements scheduled around the 1st and 3rd when SSI and Social Security deposits are received.



North Bay Regional Center Doug Cleveland Board Opportunity Fund October 7, 2020 Board Meeting

This month we are reporting on both the accounts with Umpqua and US Bank. We are in the final phase of transitioning the accounts.

US Bank:

The account for the Doug Cleveland Board Opportunity Fund has been established and as of August 31, 2020 it had an ending balance in the amount of **\$580.00**. This account has a \$5.00 service charge fee. We are working on getting this fee waived.

Umpqua Bank:

As of August 31, 2020, the ending register balance of the Doug Cleveland Board Opportunity Fund checking account was **\$6925.27**. There was one award issued in August in the amount of \$500.00. There was a \$23.00 maintenance fee applied.

The ending balance for the savings account was **\$62,585.55**. There was a credit from Amazon Smile in the amount of \$17.62 and the account received a total of **\$1.06** in interest.

Ops Expenditures 2 months 16%	North Bay Regional Center CFO Board Report As of August 31, 2020 17% of the fiscal year has elapsed				POS Expenditures 2 months 16%		
OPERATIONS						Total Ops Allocation: \$ 23,761,066	
Total General Ops Contract: \$ 22,723,920		Total CPP Contract: \$ 677,892					
General Ops Amount Available: \$ 18,948,964		CPP Contract Amount Available: \$ 677,892					
OPERATIONS EXPENSE (OPS)						Total YTD	
	YTD Actual	% by category	Forecast*	Actual + Forecast			
Personnel	\$ 2,573,714	68.18%	\$ -	\$ 2,573,714			
Benefits	\$ 668,297	17.70%	\$ -	\$ 668,297			
Facilities	\$ 403,169	10.68%	\$ -	\$ 403,169			
Equipment	\$ 82,992	2.20%	\$ -	\$ 82,992			
Communications	\$ 25,627	0.68%	\$ -	\$ 25,627			
Mileage	\$ 807	0.02%	\$ -	\$ 807			
Legal	\$ 2,907	0.08%	\$ -	\$ 2,907			
General Office	\$ 4,999	0.13%	\$ -	\$ 4,999			
Consultants	\$ 12,697	0.34%	\$ -	\$ 12,697			
Bank Fee and LOC	\$ 10,919	0.29%	\$ -	\$ 10,919			
Other Expenses	\$ 6,054	0.16%	\$ -	\$ 6,054			
Revenue	\$ (17,226)	-0.46%	\$ -	\$ (17,226)			
Community Placement Plan (CPP)	\$ -	0.00%	\$ -	\$ -			
Total Operations Expenses		3,774,956	\$ -	\$ 3,774,956			
Senior Companion Program - Grant						Actual + Forecast	
Senior Companion Program - Grant		\$ 37,636	\$ 321,618	\$ 359,254			
PURCHASE OF SERVICES						Total POS Allocation: \$ 313,703,720	
Total POS Contract: \$ 313,670,120		Total CPP Contract: \$ 33,600					
POS Contract Amount Available: \$ 262,964,255		CPP Contract Amount Available: \$ (24,241)					
PURCHASE OF SERVICES (POS)						Total YTD	
	YTD Actual	% YTD Total	Forecast*	Actual + Forecast*			
Community Care Facilities	\$ 17,027,822	33.5%	\$ -	\$ 17,027,822			
Supported Living Services	\$ 12,502,838	24.6%	\$ -	\$ 12,502,838			
Day Programs	\$ 8,276,042	16.3%	\$ -	\$ 8,276,042			
Behavioral Services	\$ 5,652,315	11.1%	\$ -	\$ 5,652,315			
Other	\$ 1,207,189	2.4%	\$ -	\$ 1,207,189			
Transportation	\$ 2,459,907	4.8%	\$ -	\$ 2,459,907			
Respite	\$ 1,172,622	2.3%	\$ -	\$ 1,172,622			
Medical Services	\$ 2,407,130	4.7%	\$ -	\$ 2,407,130			
Community Placement Plan (CPP)	\$ 57,841	0.1%	\$ -	\$ 57,841			
TOTAL POS EXPENSES		\$ 50,763,706	100.0%	\$ -	\$ 50,763,706		
*This budget reflects through the B-1 amendment.							
Total Regional Center Budget:				\$ 337,464,786			

Date submitted to NBRC Board for review

N/A

Date approved by NBRC Board Executive Committee (if applicable)

09/21/2020

Date approved by NBRC Board

09/21/2020

Operations ☒

Purchase of Service ☒

The following contracts have been reviewed by Isabel Calder, Chief Financial Officer, and Gabriel Rogin, Executive Director. Both of whom recommend approval by the NBRC Board of Directors.

Purpose of Contract	Contractor Name and Vendor# (if applicable)	Term of Contract	Approved	M/S/C	Notes
B-1 for Fiscal Year 20/21	Department of Developmental Services	July 1, 2019 – June 30, 2026	Yes	(Speck/Johsnon)	<p>Total contract amount: \$337,464,786.00</p> <p>The B-1 reflects the remaining Operations allocation including Core Staffing, Rent, and Policy items. It also includes the remaining POS allocation. With the approval of the B-1 amendment NBRC total allocation for FY21 is as follows:</p> <ul style="list-style-type: none"> Ops: \$23,761,066 POS: \$313,703,720



Proposed Slated Board Member:

- Derek Hearhtower (ACTION)

Derek is a self-advocate with Autism. He works as a Direct Support Professional for Dungarvin Day Program. Derek has a Bachelor's degree in Early Childhood Development. He has created a human developmental model for empowerment. His most recent project is a form to help individuals request accommodations.

Derek has applied as a board member because he believes people with developmental disabilities deserve basic rights such as privacy, compassion, to be heard and understood and have opportunities to grow.

The Nominating Committee recommends Derek Hearhtower to serve on the North Bay Regional Center Board of Directors.



Meeting Minutes – September 8th, 2020 – VIA Zoom

A. CALL TO ORDER

- a. Roll Call of Voting Members – Present: Michael Lisenko, Kelley Hanson, Holly Pagel, Stacey Martinez, Linda Plourde, Micelle Condit, Eric Martin; Andrea Mendoza, Not Present: James Cox (excused); Michelle Ramirez (excused); Jamie Thompson (excused).
- b. Establish Quorum – Quorum established

B. CONSIDERATION OF AGENDA:

- a. Additions or modifications to this agenda by voting members – Action item

C. APPROVAL OF MINUTES: Action Item for voting VAC members

- a. August 11, 2020, Meeting Minutes – moved by Linda, Second by Stacey Martinez. Approved.

D. SPECIAL PRESENTATION

- a. SDP Presentation by Financial Management Service (FMS) Providers - postponed

E. NEW BUSINESS

- a. Announcement from Holly Pagel
 - i. Holly P.: Thanked vendors for support and participation. Thankful for perseverance of community members. Here to meet expressed needs of people with I/DD to have more meaningful lives. We have services that provide opportunities and positive outcomes. We all have the same goal of enhancing the lives of the people we serve. Collaboration, problem solving, communication, and trust is key in this community.
- b. CMS Extension to September 13
 - i. Linda P.: Grateful of extension. Federal level wants providers to apply. Initially, there was question by vendors of whether to apply or not. Highly encourages everyone to apply.
- c. Newest DDS Guidelines for non-residential services
 - i. Upcoming meetings led by NBRC being held next week, waiting for more clarity on the topic.
 - Maura M.: Any specific questions, please connect with NBRC.
 - Kelley H.: Reading through directives, may be extremely difficult for volume of ID meetings and ISP meetings that need to happen within a short amount of time.
 - Gabriel R.: Started informing service coordinators of new directives, educating them on the new process.
 - Courtney S.: Discussion with Kelley about requirements not being clear. Kelley is talking with individuals and families and then updating the regional center.
 - Stacey M.: Questions after attending town hall meeting on last Friday. Traditional versus alternative programming. They are emphasizing that traditional services provided

Meeting Minutes – September 8th, 2020 – VIA Zoom

alternatively should be billed as traditional. That statement is confusing for billing. Do we bill by contact? We need clear cut instructions of what falls into alternative versus traditional.

Isabel C.: Confusion comes out non-residential being a broad term. Difference lies in day service versus all services, where day services are usually 6 hours. Isabel acknowledged challenges presented to both vendors and regional centers. Analyzing impact on regional center system as a whole, from IPP, to authorizations, etc.

Michael L.: Still unclear about the directives asking for clarity. Maybe the format should be individualized by program rather than broadly non-residential.

Isabel L.: Trying to apply alternative billing to a broad category of non-residential. Biggest impact is on day programs.

Gabriel R.: Asked Kelley about billing alternative services and how reimbursement will be lower in alternative format.

Kelley H.: Concerned about how DDS does the averaging, and it will not calculate the actual billing.

Gabriel R.: ARCA update mentioned something new about not using the average format for billing. Waiting for more details on methodology. Targeting September for releasing rates.

Courtney: Half day billing not applied anymore. If you provide an hour zoom class, you cannot bill for the whole day.

Kelley H.: To clarify, that would be different than providing alternative service. If you do traditional services, but only provide one hour, only bill 1 hour under traditional format. Some examples of level of service come from people who are working fulltime.

Carin H.: We can't bill between traditional or alternative, we have to choose one. Alternative format might not provide flexibility needed.

Gabriel R.: Originally intended to be per service provider model. Latest information is coming out to be directed on a per-client level. Do we pick as a vendor the format, or per client?

Courtney: Messaging around selecting the format is changing.

- ii. Review of daily/hourly billing effective Sept 1 - Oct 31.
- iii. Billing guidelines for November 1 ⇒
- d. DSP Appreciation
 - i. DSP Week- what are you doing?
 - 1) Michael L.: BBQ lunch pickup on designated day, folks can drive by and pick-up a lunch.
 - Stacey M.: We're doing a boxed luncheon as well, as well as gift cards, thank you notes for DSPs from directors, and quotes of appreciation from consumers.
 - Collin N.: We're providing gift cards to staff, one day per month they are doing dinner orders for people on shift as form of staff appreciation.
 - ii. Subcommittee on DSP Appreciation at VAC Meetings

Meeting Minutes – September 8th, 2020 – VIA Zoom

- 1) Ali T.: Forming a subcommittee that focuses of Direct Support Professional appreciation and organize. Having 10-15 minutes to appreciate DSP hard work. At the end of the year have 1-3 all-stars. Sharing highlights of great work, honor the exceptional work. Got information from the voting group. Need members to join the committee. Moving to create subcommittee
Linda: Seconds movement.

F. GROUP REPORTS

- a. NBRC Board Report- Ali T.
 - i. Ali T.: Board met 6pm last Wednesday via zoom. The board discussed an emergency relief fund, can help in case of emergency. In addition, the board is proactively trying to give gift cards for those who are being affected by the fires. Family member advocate is leading a meeting; anyone interested can contact me.
- b. ARCA
 - i. Gabriel Rogin: Acknowledges the hard work being done by vendor staff during the fires. Question about regional centers help coordinate evacuation sites during the pandemic. Spoke with Courtney to discuss formal and informal ways of using day program sites to be used as evacuation sites. Can vendors do this? FEMA deadline for disaster assistance is extended, NBRC can help with applying. COVID-19, infection rates are starting to level off. January Crane took position with DDS, NBRC to create training and public specialist position. Position will help website improvements and social media interaction, NBRC to post for Intake & Clinical Director.
- c. Services, Vendor Relations, & SLS Subcommittee
 - i. Courtney S.: Discussion of preventing staff exposure to COVID19 and what to do if someone tests positive. NBRC is working with Brilliant Corners to place people who are not positive hosted in hotels. Help from other health agencies available if providers are short on staff due to COVID-19.
Maura M.: Recognized terrific assistance to R&D for PPE delivery processes. Form based requests will be compiled and help delivered rather than pickup. Myra Montejano said an email will go out to everyone linking to request form. Delivery will be contactless and safe.
- d. Legislative Committee
 - i. Linda P.: Likely not going to see rate increases in near future budgets, Medicaid assistance is encouraged. HEALS Act, not any movement and nothing finalized before Congress went on recess. There is supposed to be a proposal in that legislative package for additional Medicaid funding, but encourage vendors to apply for the Medicaid urgent assistance that is available now. Legislative thank you letter approved by the board; need to follow up with NBRC to make sure letter is amended and goes out. Update from Mary Eble and the housing alliance and their policy agendas. Formalizing the structure and purpose of legislative committee.

Meeting Minutes – September 8th, 2020 – VIA Zoom

Jeremy H.: “You need to know me I’m a DSP” document/flyer builds off ARCA’s “what does a service coordinator do” intending to build awareness about the profession and inform legislators. The workgroup is working on a supplement informational document and hope to have a package ready by the next legislative session.

G. NBRC Updates

- a. Fiscal
 - i. Isabel C.: We are working closely with rate changes coming down the pipeline.
- b. Quality Assurance
 - i. Maura: PPE updates discussed earlier.

H. OLD BUSINESS

- a. PPE
 - i. Resources and NBRC pick up days
 - 1) Deliveries through R&D. Clients will fill out fillable form to distinguish what size is needed. Have been working with other RCs. Looking at the 14th to be able to roll out the forms.
Myra: Our idea is to send it through an email blast. Will coordinate the delivery for individuals. It is a contactless delivery and will be 6ft apart. Transportation vendors will need to gather the clients’ names.
- b. Concerns by service type (not already covered)
 - i. Residential (N/A)
 - ii. SLS/ILS (N/A)
 - iii. Day Programs (N/A)
 - iv. Respite (N/A)
 - v. Early Start (N/A)
 - vi. Transportation (N/A)
 - vii. Other - Stimulus payments
 - 1) Ali T.: Representative payee services are dealing with stimulus payments. Some have not received the payments. Still trying to get the original \$1,200. Only 1/3 of the clients have received the payment. Oct 15 is deadline for individuals who are non-filers. Our clients should automatically be approved for the payment.
Donna: Participants in our program have not received the payment either. IRS suggested filling out IRS form 8821. Not an easy form to fill out, but this is the instruction being received.

I. GENERAL ANNOUNCEMENTS

- a. Training/Events
 - i. The Arc-Solano’s Sprout Film Festival in October- Zoom for clients/programs – Monday October 19th.



Meeting Minutes – September 8th, 2020 – VIA Zoom

- b. Community concerns
 - i. Holly P.: Leaving zoom room open before and after VAC meeting to network and connect with each other.
- c. Reminders
 - i. Gabriel: Planning on scheduling meeting about billing specifics.
 - ii. Maura M.: Planning training calendar for next year and whether it will continue to be remote. Please send Maura training topics and ideas.

J. AGENDA ITEMS FOR FUTURE MEETINGS

K. ADJOURNMENT

AGE RANGE	NUMBER	% TO TOTAL	GENDER	NUMBER	% TO TOTAL	RESIDENCE TYPE	NUMBER	% TO TOTAL
0 - 2	1,212	12.6 %	MALES	6,192	64.5 %	OWN HOME	7,049	73.5 %
3 - 17	2,968	30.9 %	FEMALES	3,394	35.4 %	ILS	610	6.3 %
18 - 40	3,450	35.9 %				SLS	647	6.7 %
41 - 60	1,236	12.8 %				DC	12	.1 %
61 - 80	687	7.1 %				SNF	40	.4 %
						ICF	194	2.0 %
80 & OLDER	33	.3 %				CCF	766	7.9 %
						FOSTER CARE	193	2.0 %
						OTHER	75	.7 %
TOTAL:	9,586	100.0 %	TOTAL:	9,586	100.0 %	TOTAL:	9,586	100.0 %

ETHNICITY	NUMBER	% TO TOTAL	DISABILITY	NUMBER	% TO TOTAL CONSUMERS	COUNTY	NUMBER	% TO TOTAL
MIXED	608	6.3 %	AUTISM	2,844	29.6 %	28. NAPA	1,201	12.5 %
ASIAN	240	2.5 %	EPILEPSY	1,056	11.0 %	48. SOLANO	4,070	42.4 %
BLACK	854	8.9 %	CEREBRAL PALSY	907	9.4 %	49. SONOMA	4,198	43.7 %
FILIPINO	352	3.6 %	MENTAL RETARDATION	4,791	49.9 %			.0 %
NATIVE AMERICAN	41	.4 %	OTHER	979	10.2 %			.0 %
POLYNESIAN		.0 %						.0 %
SPANISH/LATIN	2,380	24.8 %	CONSUMERS MAY HAVE MULTIPLE DIAGNOSES					.0 %
WHITE	4,351	45.3 %						.0 %
OTHER	244	2.5 %						.0 %
UNKNOWN	516	5.3 %						.0 %
						OTHER	117	1.2 %
TOTAL:	9,586	100.0 %				TOTAL:	9,586	100.0 %

PRIMARY LANGUAGE	NUMBER	% TO TOTAL	Status	Count	% TO TOTAL
SIGN LANGUAGE	25	.2 %	0	341	3.5
ENGLISH	7,871	82.1 %	P		
SPANISH	1,553	16.2 %	1	1,092	
OTHER LATIN LANG.	1	.0 %	2	8,141	
CANTONESE CHINESE	6	.0 %	3		
MADARIN CHINESE	3	.0 %	8	12	
JAPANESE	2	.0 %			
VIETNAMESE	14	.1 %			
KOREAN	3	.0 %			
LAOTIAN	2	.0 %			
CAMBODIAN	3	.0 %			
OTHER ASIAN LANG.	4	.0 %			
RUSSIAN	2	.0 %			
ALL OTHER LANG.	97	1.0 %			
TOTAL	9,586	100.0 %	TOTAL	9,586	100.0



610 Airpark Rd, Napa, CA 94558
Phone: (707) 256-1100 • TTY (707) 252-0213

www.nbrc.net

2351 Mendocino Ave, Santa Rosa, CA 95403
Phone: (707) 569-2000 • TTY (707) 525-1239

FAIR HEARING & MEDIATION UPDATE
SEPTEMBER 1 – SEPTEMBER 30, 2020

Eligibility (19-05)	<u>Reason for Appeal:</u> Claimant appeals denial of eligibility. <u>Ruling:</u> Fair Hearing request pending.
Eligibility (19-12)	<u>Reason for Appeal:</u> Claimant appeals denial of eligibility. <u>Ruling:</u> Fair Hearing request pending.
Denial of SLS Services (20-04)	<u>Reason for Appeal:</u> Claimant appeals denial of SLS services. <u>Ruling:</u> Fair Hearing request withdrawn.
Eligibility (20-06)	<u>Reason for Appeal:</u> Claimant appeals denial of eligibility. <u>Ruling:</u> Fair Hearing request pending.
Eligibility (20-07)	<u>Reason for Appeal:</u> Claimant appeals denial of eligibility. <u>Ruling:</u> Fair Hearing request withdrawn.