



North Bay Regional Center Senior Companion Program

**Make a Difference in another person's life
Join the North Bay Regional Center
Senior Companion Program**

The Senior Companion Program offers men and women, 55 years of age and older who meet the qualifications, the opportunity to serve their community by sharing their time and attention with adults that have require specialized support. We serve adults in the catchment area of North Bay Regional Center. These are caring volunteers who devote 5-40 hours per week to helping these adults lead a more independent and productive life. In improving the lives of the people who they serve, the volunteers enrich their own lives. No formal education is required. What is important are life experiences and the wisdom that the seniors will share. Senior companion volunteers served in local Art Galleries, Vocational sites, Adult Day Care Centers, and Day Treatment Programs specializing in working with people with developmental disabilities.

Senior Companion receive the following benefits:

- A Tax Exempt Stipend
(Does not effect rent, social security or other benefits)
- Transportation Reimbursement
- Daily Meal Reimbursement
- Paid Holidays
- Annual Leave Time
- Orientation and monthly In-Service Training
- Field Trips and Recognition events
- Socialization opportunities

For more information: Ana Horta (707) 566-3005; anah@nbrc.net

**We are currently developing sites, please call us if you are interested
in having volunteers at your program**