



Service Policy Manual

Respite Services

Respite services are intermittent or regularly scheduled temporary non-medical care and supervision provided in the client's own home, for a regional center client who resides with a family member.

Respite services provide some relief to parents/guardians from the constant responsibility of providing care and supervision of their children who are eligible for services from North Bay Regional Center (NBRC) and whose needs for care and supervision exceed what would be typical for a person of the same chronological age. Respite paid by NBRC supplements family responsibility for care.

Respite services may be purchased by NBRC through the Individual Program Plan/Individual Family Service Plan process. Respite services are designed to provide the following:

- Assist family members in maintaining the client at home.
- Appropriate care and supervision to ensure the client's safety in the absence of family members.
- Relief to family members from the constantly demanding responsibility of caring for a client.
- Attendance to the client's basic self-help needs and other activities of daily living including interaction, socialization, and continuation of usual daily routines which would ordinarily be performed by the family member.

All generic resources must be exhausted before services are provided.

Services will follow Lanterman Developmental Disabilities Services Act guidelines.

In the event a family needs additional hours beyond what they are assessed, the Interdisciplinary Team shall review the current situation and supports needed. Reasons for an exceptional request could be due to significant behavior or medical needs (not needing nursing services), declining health of a parent/guardian, or family experiencing extraordinary stress due to significant events. The request could be either short or long term in duration, depending on the need.

If an exceptional request is made for respite the service coordinator will consult with their supervisor and associate director to review the need. If an agreement cannot be made at this level, NBRC Director of Client Services may review and authorize if warranted by individual circumstances. If NBRC is not in agreement, NBRC will issue a Notice of Action allowing the family to appeal the decision.