



Self-Determination The Main Ideas

Your Life, Your Choices



Person-Centered Plan



Facilitator + Team



Financial Manager (required)



Budget = \$ spent for last 12 months

Self-Determination

What To Do Now



Ask regional center for services you need now



Go to regional center orientation



Put your name on the list



Sign up for information

www.dds.ca.gov/sdp/

Prepared by:
State Council on Developmental Disabilities
Los Angeles Office
818-543-4631
losangeles@scdd.ca.gov

