





Self-Determination Advisory Committee Minutes/Notes

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January 13, 2020	12:30-2:00 PM
North Bay Regional Center Napa Office 610 Airpark Road Napa, CA 94558	North Bay Regional Center Santa Rosa Office 2351 Mendocino Ave Santa Rosa, CA 95403

		Person Responsible
	Call to Order: 12:32 pm A quorum was established with 7/10 members present.	Sonia, Chair
	Introductions: Committee- Sonia Jones, Chair; Mary Lou Hillberg, Parent; Candice Chia, Parent; Debby Hight, Parent; Jerry Corradi, UCPNB (via phone); Annie Bruer, Client’s Rights Advocate-OCRA/DRC; Gail Thomson, Parent Community- Lisa Hooks, SCDD; Beth Dewitt, NBRC Director of Client Services; Stacey Martinez, Arc Solano; Katy Vanzant, NBRC QA Analyst; Gabriel Rogin, NBRC Executive Director; Danielle Bernardo, NBRC Executive Assistant; Sharon Marts, Sonoma County Ombudsman; Brian Prosser, NBRC Service Coordinator	
Consideration of Agenda: <i>Action Item</i> 	The committee agreed to the new layout of the agenda.	M/S/C (Candace/Debby)
Approval of Minutes: <i>Action Item</i> 	Approval of Minutes	Members M/S/C (Debby/Gail)



Public Comments	<p><i>Sonia Jones, SDAC Chair</i> noted she is unable to attend the out of town statewide meetings and Debby will attend in her place.</p>	Public
Reports	<p>a. Chair/Co-Chair Report:</p> <p>i. February 10th statewide meeting</p> <p><i>Sonia Jones</i> noted she will be attending the statewide meeting in Sacramento on February 10th. Stacey and Debby plan to attend. Debby noted the meeting is open to the public and is a very informative meeting.</p> <p>b. NBRC Report & Updates by Beth DeWitt:</p> <p><i>Beth DeWitt, NBRC Director of Client Services</i> noted DDS (Department of Developmental Services) selected an additional 21 people for Self-Determination. DDS prioritized siblings of those already enrolled, and family members of the committee. NBRC did not have 21 participants drop out of the initial selection. DDS selected more individuals than the amount of spaces NBRC has available. All are being treated as if they are in the program. The newly selected individuals have been noticed. Orientation dates will now be held twice a month and will be posted on NBRC’s website.</p> <p>Beth shared an example of a family that has two children enrolled in the program. They have had an initial IPP where services were discussed. They currently don’t have services. In their situation, it is about building the budget. It is important to note you will have more than one meeting. For people who have services, it may not be as complicated. During the meeting, the team used the DDS’ version of the budget form to start to create the budget. They plugged in services and rates, estimated the hours and length of time and brought the budget back to fiscal to generate questions. A spending plan will drive the purchases. It was very eye-opening walking through the process with a family. Beth has created a step by step guide for the Self-Determination service coordinators and supervisors. There are a lot of steps that participants need to know. Staff is looking into doing an abbreviated version. A couple of families do not want to switch service coordinators, yet. In July of 2021, everyone will need to switch over.</p> <p><i>Gabriel Rogin, NBRC Executive Director</i> asked if there is a step by step guide for families.</p> <p><i>Beth DeWitt, NBRC Director of Client Services</i> replied there is a Self-Determination Flow Chart that explains what's next, on DDS’ website.</p>	Committee Members

	<p>c. SCDD Report & Updates: <i>Lisa Hooks, SCDD</i> noted the following; the first Independent Facilitator training last month went well last month and had a good turn out. It was a fast training within a short period of time. Orientations launched and spending plans are being developed. Each Regional Center should be exploring the idea of generating a list of Independent Facilitators. There is not a centralized location. Self-Determination participants may chose their own Independent Facilitator. Lisa Hooks reviewed information from DDS’ newsletter that can be found on their website. A directive from DDS’s website note that background checks are required to obtain during the implementation phase for individuals that provide personal care.</p> <p>The Self-Determination fair is scheduled on February 7, 2020 at the following locations –</p> <ul style="list-style-type: none"> • North Bay Regional Center, 2351 Mendocino Ave., Santa Rosa 2020 from 9:30 am – 11:30 am • The Arc-Solano, 3272 Sonoma Blvd., Suite 4, Vallejo 2:00 pm – 4:00 pm. 	
Old Business	<p>a. Resource Fair</p> <p>i. Recap locations and times – Sonia Jones and Stacey Martinez talked about the upcoming resource fair. Beth has informed Self-Determination Program representatives. Attendees include - Financial Management Services, Lisa Hooks and Tobias Weare from SCDD, Katy Vanzant and Fiscal from NBRC will be there to talk about budget and spending plans. People will be able to go booth to booth. Translation services will also be available.</p> <p>ii. Takeaway welcome packet</p> <p>iii. Assign duties</p> <p>b. Outreach updates: None</p>	
New Business	<p>a. Presentation by Katy Vanzant on Person-Centered Thinking/Plans <i>Katy Vanzant, NBRC</i> presented Person-Centered Thinking/Plans and discussed the following – Person Centered Plan is going to be a living document. It’s a way to figure out how to talk about peoples strengths and gifts, and how they wants to live their life. A change that should be seen is IEP’s and IPP’s should always start on a positive note. The individual should always be at the center of the plan. They should make their own choices. “Important to” is what makes you satisfied and happy. Its how the individual would want to live their life.</p>	

	<p>“Important for” is about your wellness and health. If you only do whats important to you, not all choices are going to be good.</p> <p>A Person Centered Plan helps answer the structural piece and helps move through the rest of the regional center system. It resets the whole IPP process.</p> <p><i>Lisa Hook’s, SCDD</i> noted it’s important to get your mind off of the services and money. You work backwards by learing the story of the person.</p> <p>When there is a Conservator, the individual should still be at the center of the plan. You always want to act within good faith.</p> <p>b. Nominate and vote in new Co-Chair position: Action Item The committee nominated Debby Hight as the Co-Chair of the committee. She looks forward to the opportunity.</p>	M/S/C (Gail/Candace)
Public Comment on Matters Not on the Agenda	<p><i>Lisa Hooks, SCDD</i> noted if anyone has thoughts about breaking up the Independent Facilitator trainings into blocks, have preferred days, or suggestions, to send her an email. She is thinking of possibly holding the trainings on the 3rd or 4th Friday of every month. Possible locations for future Independent Facilitator trainings are JFK Library in Vallejo, and Parents CAN in Napa. A Santa Rosa location has not yet been identified.</p>	
Agenda Items for Future Meetings 	<p>a. Resource Fair debrief, updates from the statewide meeting, two vacancies</p> <p>b. Select next meeting date and time March 9, 2020 12:30 pm – 2:00 pm</p>	Committee Members
Announcements	None	
	Adjournment 2:04 pm	Sonia, Chair

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Danielle Bernardo at 707-256-1224 or DanielleB@nbrc.net. Self-Determination Advisory Committee Agenda is posted on nbrc.net and scdd.ca.gov.

The Self Determination Advisory Committee members may hold a closed meeting to discuss potential members.