

Self-Determination Advisory Committee Minutes/Notes

Call-in number: (707) 256-1167 Access Code: 222222

March 9, 2020	12:30-2:00 PM
North Bay Regional Center Napa Office 610 Airpark Road Napa, CA 94558	North Bay Regional Center Santa Rosa Office 2351 Mendocino Ave Santa Rosa, CA 95403

		Person Responsible
	Call to Order: 12:30 pm A quorum was not established as some members attended via phone.	Sonia, Chair
	Introductions: Committee – Sonia Jones, Chair; Yulahlia Hernandez, Client’s Rights Advocate-OCRA/DRC; Diane Rogers, Self-Advocate; Candice Chia, Parent; Marylou Hillberg, Parent; Gail Thompson, Parent (via phone) Community – Lisa Hooks, SCDD; Beth Dewitt, NBRC Director of Client Services; Stacey Martinez, Arc Solano; Gabriel Rogin, NBRC Executive Director; Danielle Bernardo, NBRC Executive Assistant; Sharon Marts, Sonoma County Ombudsman; Maria Aguado-Zuniga, NBRC Service Coordinator; Jessica Domingo, NBRC Case Management Supervisor; Breeanne Burriss, 24 Hour Home Care; Abigail Andrade, NBRC Service Coordinator; Norma Bettencourt, FA; Maria Ortega-Cortez, NBRC Service Coordinator	
Consideration of Agenda: <i>Action Item</i> 	The committee did not have a quorum. A vote could not take place.	M/S/C (/) – No quorum
Approval of Minutes:	Approval of Minutes The committee did not have a quorum. A vote could not take place.	M/S/C (/) – No quorum

<p>Action Item</p> 		
<p>Public Comments</p>	<p>None</p>	<p>Public</p>
<p>Reports</p>	<p>a. Chair/Co-Chair Report:</p> <p>i. February 10th Statewide meeting</p> <p>Sonia Jones, Chair attended the Statewide SDP committee meeting on February 10th. Debra and Lisa attended as well. Rick Wood was elected co-chair for the Statewide committee. It was noted that there are 9 FMS vendors at this point, 150 background checks have been completed and passed. A PCT (person-centered thinking) survey is being developed for best practices. It was noted there is not a central location for materials. They spent time talking about funding for local committees. Liz Harrel has taken another position and will not be working on the Self-Determination Program going forward. They discussed the top 10 barriers the program is facing.</p> <ol style="list-style-type: none"> 1. Significant delay of DDS implementation of the program 2. Lack of timely comprehensive information and guidance 3. Lack of plain language 4. Mandatory comprehension of regional center staff. 5. Bureaucracy 6. Inability to find Person-Centered Plan trainers, FMS and Independent Facilitators 7. Concerned racial and ethnic disparities 8. SDP implemented inconsistently across the state 9. Lack of effective program oversight 10. A shift in culture and thinking has not occurred <p>They discussed the frequency and funding of meetings. They are looking into holding the meetings in more of a centralized location, Sacramento, to help with cost savings.</p> <p>b. NBRC Report & Updates by Beth DeWitt:</p> <p><i>Beth DeWitt, NBRC Director of Client Services</i> noted NBRC received \$39,404 for Self-Determination. DDS gave guidance for what that funding can be used for. The group decided to spend time focusing on what the local need is as a committee. (E.g. Training, supportive coaching, spending plan development, orientation support, modification of materials, collaborative workshops, etc.) and will hold a subcommittee meeting.</p>	<p>Committee Members</p>

Lisa Hooks, SCDD noted the money has to be encumbered at the end of this fiscal year.

Sonia Jones, Chair noted the committee should start brainstorming how that money should be spent.

Candice Chia noted it is important to understand what the local needs are. She noted the Statewide meeting listed 10 barriers the state has been experiencing, but what are North Bay Regional Center's local barriers?

Gabriel Rogin, NBRC Executive Director noted when people opt-out of the program, NBRC is tracking that data.

Beth DeWitt, NBRC Director of Client Services noted some providers are not interested in getting paid by an FMS. An FMS is a different billing system than what they are used to.

Norma Bettencourt noted she recently attended an Self-Determination orientation and that it was very informative. There needs to be a clear starting point. It is more work but allows the individual or the individual's family to make the choices.

Sharon Marts shared a book, "Think Outside of The Box" (disabilitiesvoicesunited.org) that is helpful and has step by step checklists. She suggested NBRC emulate something similar.

Beth DeWitt, NBRC Director of Client Services noted the Self Determination Service Coordinators and Supervisors are meeting weekly. They are talking through the budget sheet with the CFO, they will start meetings with FMS'. The regional center received funding to hire a position dedicated to Self-Determination.

Gabriel Rogin, NBRC Executive Director noted this program is a fulltime job, and Beth has been doing an outstanding job in addition to her full-time job as the Director of Client Services.

It was decided to bring a list of barriers to the next SDAC meeting and the committee will use it to decide how to spend the funding.

c. SCDD Report & Updates:

	<p><i>Lisa Hooks, SCDD</i> noted the State Council’s priorities 2019 are SDP implementation. Self-Determination gives basic human rights. The State Council is asking for any information to be forwarded to them regularly to obtain feedback. Lisa to email that information out to the committee.</p> <p>Lisa talked about why the State Council is so involved in the Statewide self-determination committee, the chair is a person on the State Council. The compromise to that was to nominate a co-chair, Rick Wood. He has been involved in piloting SDP 20 years ago. Rick is a parent of a child with medical needs.</p> <p>If you have questions that you want to share with the Statewide, email them to Beth.</p> <p>The latest Self-Determination newsletter can be sent to you if you sign up on the DDS website. Here are a few of the questions listed in this months newsletter –</p> <p>Q: “If I live on my own, does my Service Coordinator need to visit me every three months?”</p> <p>A: Yes, if you are on Self-Determination.</p> <p>Q: “If I live on my own does my SC need to visit me every three months?”</p> <p>A: Yes, if you are on self-determination. For consumers who do not live with their families. SC is required to visit every three months to make sure the individual is doing well.</p>	
<p>Old Business</p>	<p>a. Resource Fair –</p> <p><i>Lisa Hooks, SCDD</i> noted it was a wonderful event.</p> <p><i>Norma Bettencourt</i> noted it was great and she was able to talk to every table. There were only two FMS providers there. All of the tables were willing to answer any questions for her.</p> <p><i>Gabriel Rogin, NBRC Executive Director</i> noted it was so nice to see everyone interacting with each other. Support is a critical component of Self-Determination.</p> <p><i>Sonia Jones, Chair</i> noted she felt like the resource was good. Someone she knew attended that didn’t have services for a year, she got a chance to be put in the right place at the right time and left feeling good.</p> <p><i>Sharon Marts</i> noted she will be attending a resource fair at The Regional Center of the East Bay and have a table as an Independent Facilitator.</p>	

Beth DeWitt, Director of Client Services noted there were a few parents that are not enrolled in the program that attended to learn more and get a better understanding of what Self-Determination is. They wanted to be put on the waiting list. Beth suggested those families do a PCP in the meantime. 30 people attended in Santa Rosa.

Lisa Hooks, SCDD previously noted a person-centered plan is required but recently learned that it is not required. A PCP should be used as best practice and is part of an ongoing conversation.

Norma Bettencourt talked to people that attended. PCP is more in-depth when with a family member, stay in a box, it opens up other possibilities so that she can experience. Spoke to the reg. center. Felt it was really important.

Abigail Andrade, NBRC Service Coordinator noted some of the families that she has interacted with would like a resource fair to be in the evening because they were unable to attend.

b. Outreach updates:

Lisa Hooks, SCDD noted the State Council still has two vacancies open. There is a preference for a male self-advocate or a family member.

Lisa also noted there are 18 RSVP's for the March 27th Independent Facilitator (IF) training at JFK Library in Vallejo, from 8:30 am – 3:30 pm. Attendees need to attend the whole day to receive a certificate.

Gabriel Rogin, NBRC Executive Director suggested having Self-Determination Advisory Committee applications at all IF trainings.

It was noted whoever the independent facilitator is, they cannot do anything else for you except being the IF. An IF cannot be an individual's staff person, they can only be an IF. It is not required to have an IF.

Norma Bettencourt asked if NBRC will still be the individual's Service Coordinator (SC) if they have an IF.

	<ul style="list-style-type: none"> - Yes, NBRC will still be in the picture, the SC will not be looking for services for the individual anymore. The SC will still be there to support the individual. <p>It was noted the regional center does the IPP, the FMS is required and the individual still has a circle of support. If one more person gets added to that circle of support (an IF) it is up to that individual is paid.</p>	
<p>New Business</p>	<p>a. None</p>	
<p>Public Comment on Matters Not on the Agenda</p>	<p><i>Stacey Martinez, ARC Solano</i> noted it was clear at the Statewide meeting that NBRC’s participation is really good. It was noted that some SC’s at other regional centers are refusing the talk about SDP with individuals. Some regional centers are not giving individual budgets.</p> <p><i>Lisa Hooks, SCDD</i> thanked NBRC staff and Gabriel.</p> <p><i>Sonia Jones, Chair</i> noted individuals feel like they get shut down at their meetings. Here, she feels like people get to say what they want to say.</p>	
<p>Agenda Items for Future Meetings</p> 	<p>a. Future Resource Fairs b. Select the next meeting date and time May 11, 2020, from 12:30 pm – 2:00 pm.</p> <p><i>Gabriel Rogin, NBRC Executive Director</i> mentioned NBRC wants to encumber the funds and will make decisions before June 30th. Guidance from DDS will be sent out and the committee can start generating ideas through email.</p> <p><i>Beth DeWitt, NBRC Director of Client Services</i> not there will be a subcommittee meeting to put some ideas together.</p> <ul style="list-style-type: none"> - Subcommittee meeting on April 13th, 12:30 pm – 2:00 pm. for whoever can attend. 	<p>Committee Members</p>
<p>Announcements</p>	<ul style="list-style-type: none"> - <i>Lisa Hook, SCDD</i> noted there is a vacancy it the Statewide self-advocacy group. Meetings are quarterly 1 Wednesday and Thursday every three months, in Sacramento. There is a representative from each area and it is paid for through the State Council. There is a client advisory committee meeting on April 23rd. 	

	<ul style="list-style-type: none"> - There is a Person-Centered Planning gathering in Petaluma. It is \$200 per person. Beth to send out the flyer. 	
	Adjournment 2:02 pm	Sonia, Chair

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Danielle Bernardo at 707-256-1224 or DanielleB@nbrc.net. Self-Determination Advisory Committee Agenda is posted on nbrc.net and scdd.ca.gov. *The Self Determination Advisory Committee members may hold a closed meeting to discuss potential members.*

DRAFT