

North Bay Developmental Disabilities Services Inc.

Board of Directors

NBRC Social Recreational, camping and non-medical therapies Policy

Purpose:

It is the intent of North Bay Regional Center to support and foster social and recreational activities for **all** individuals determined eligible for regional center services and residing in the NBRC catchment area.

Definition:

Social Recreational/camping and non-medical therapies are services provided by the regional center for the purpose of assisting individuals to participate in specialized, meaningful, integrated activities that promote positive relationships, social skill development and overall health and well-being. These services can foster inclusion while diminishing the overall impact of the developmental disability. NBRC prioritizes those that face barriers to promote inclusion and ensure equal access. Educational services for those aged 3-17 can support children to achieve targeted growth in specific areas related to and impacted by the developmental disability.

Policy:

North Bay Regional Center supports active and integrated for all participants, both children and adults. Social Recreational opportunities can help individuals achieve IPP goals while facilitating community integration and inclusion. For those individuals with developmental disabilities, inclusive, community based activities that promote socialization, mental and physical well-being, are important to fostering acceptance and integration in a person's local community. NBRC will promote equitable, diverse and integrated activities that acknowledge and respect the culture and individual need of every NBRC participant. **To that end, NBRC will work to remove barriers and prioritize specific services and ease access to those impacted by language and socio-economic factors by developing**

accessible and culturally relevant activities within the NBRC community. In addition, NBRC will ensure that all under-served communities are made aware of the option to pursue social recreational activities through consistent outreach and education in the native language of those served. NBRC will also create methods to eliminate the economic barriers that prevent individuals from accessing social recreational opportunities by developing internal processes that support funding to all. Social recreational activities and non-medical therapies can increase and expand the development of relationships for the individual, their family and the community at large. ***These activities can include but are not limited to swimming lessons, horseback riding, gymnastics, art and/or music lessons/therapy.***

NBRC will advocate for, link individuals to and collaborate with local public and private programs to encourage adaptation and removal of barriers that limit participation of individuals with developmental disabilities. After pursuing all generic sources as a source of funding, and after review and agreement by the IPP team, NBRC can support cost effective, appropriate opportunities to maximize participation within integrated settings and activities.

Eligibility:

All individuals over the age of 3 and eligible to receive services from North Bay Regional Center.

Requested services must be included in the Individual Program Plan and relate to an identified goal and/or eligibility diagnosis.

Requested services shall be integrated or lead to integration or inclusion in activities that are attended by people of all abilities and backgrounds.

All other generic resources, including parental responsibility (for minor children, under the age of 18), natural supports and other available resources will be exhausted prior to utilizing regional center funds.

All non-medical therapies may be subject to review by the NBRC clinical team prior to approval.

Exemptions:

The Executive Director or identified designee will review and may grant any exemptions to this policy based on individual, extraordinary circumstances. If an

individual or their legal representative disagrees with the decision made regarding services related to this policy, they may seek appeal as described in Welfare and Institutions Code 4710, et al.

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